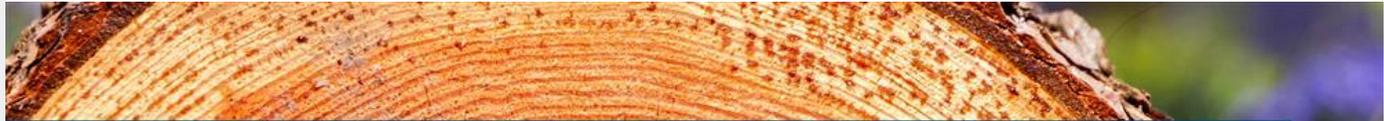


November 2020



Waukesha County Volunteer Newsletter

Dear Volunteer,

The Eras staff wanted to send a big thank you to all of our dedicated volunteers. The past 8 months have been nothing like we have ever experienced before, but because of the support and dedication from our volunteers, we have been able to continue providing so many essential services to clients throughout Waukesha and Milwaukee County. So, thank you for everything you do, without your dedicated service we could not continue serving all of the seniors and adults with disabilities in our community.

Welcome to the Eras Team, New Volunteers!

Thank you for giving your time to help support seniors and adults with disabilities in Waukesha County! The impact of your gift will be felt by all that you serve.

Jana Gharia
Vinny Miller
Luke Garvey
Dominic Giannotti
Kara Smith
Mandy Bader
Josh Gimenez
Adam Houghton
Joseph Brown
Bob Zubke
Chris Quesnell
Kenn Anderson

Jacob Schmit
Kathy Wilson
Matthew Ramthun
Melanie Lang
Madeline Bruene
Chris Sniedze
Janna Swearingen
Ashley Rome
Paulina Cobos
Mary Halaska
Evelyn Steiner
Lucille Matter
Sarah Latendresse

Elsa Kraemer
Jack Garvey
Taylor Leslie
Nathaniel Bacchus
Jazmine Arteaga
Joanne Greco
Si'Errah Murphy
Changki Kim
Aisha Greene
Carol Wingenter
Gabby Marchese
Alexander Schott



National Family Caregivers Month

November is National Family Caregivers Month, a time to recognize and honor family caregivers across the country.

Celebrating Family Caregivers enables all of us to:

- Raise awareness of family caregiver issues
- Celebrate the efforts of family caregivers
- Educate family caregivers about self-identification
- Increase support for family caregivers

For more information on the Caregiver Action Network, [please visit their website](#).

Volunteer Needs

Leaking Faucet: A client in Brookfield is looking for a volunteer to help fix their leaking shower/bath tub faucet.

Railing Painting: A client in Delafield is looking for a volunteer to help sand and stain their two outdoor railings (first story is 10 feet long, second story is 20 feet long).

Soffit Painting: A client in Muskego is looking for a volunteer to help paint the soffits on the outside of his house. He has the materials needed for the job.

Mail Sorting and Bill Paying: A client in Sussex is looking for a volunteer to help go through his mail and write out any bills that he can't pay online. (Note: client does have a cat)

Lawn Mowing: A client in Pewaukee is looking for a volunteer to help with Lawn Mowing for the remainder of the season. The client does have a lawn mower for the volunteer to use.

If you are interested in any of these opportunities, please contact Marisa at (262) 522-2402 or Marisa.Strothenke@Eras.org.

Telephone Reassurance Opportunities

We currently have five Eras Senior Network clients looking to be matched with a Telephone Reassurance volunteer. Volunteers are asked to call these clients on a regular basis to increase socialization.

See the attached document to read more about the clients and their interests.

If you are interested in any of these opportunities, please contact Shannon at (262) 522-2405 or Shannon.Fogle@Eras.org.

Fall Yard Clean Up

There are still about 30 clients in Waukesha County looking to be matched with a volunteer to help with their yard work this season. Volunteer to help clients prepare their yards for winter. Duties include: raking leaves, cleaning flower beds, pulling weeds, trimming bushes, cleaning gutters, removing lawn furniture, removing window screens, washing windows, etc.

Fall Yard Clean Up occurs during the months of October and November (ideally once the leaves have fallen). Let us know what size yard, area, and date you prefer, and we'll match you with a client in need.

For more information, please contact Marisa at (262) 522-2402 or Marisa.Strothenke@Eras.org.



Our Santa 5K Run & Walk is *Virtual* This Year!

While we can't gather together this year, we are excited to continue to host our Santa 5K Run & Walk in a virtual setting.

You can now participate in the Virtual Santa 5K Run & Walk, which benefits older adults in Waukesha County and Milwaukee County, from anywhere in the world!

What's New This Year?

The Virtual Santa 5K Run & Walk begins on Sunday, December 6th, 2020 and you have through December 13th to complete the 5K.

- **Race App:** You will have access to the virtual event through the app, RaceJoy. Using the app, you will have the opportunity to time yourself, track yourself with GPS, provide your spectators an opportunity to track your progress, and hear audio cheer messages of encouragement!
- **Shirts:** Registration includes either an adult-sized or child-sized long-sleeved t-shirt OR an adult-sized crewneck sweatshirt.
- **Share Your Photos:** Wear your best holiday costumes and make sure to post on Facebook and Instagram with the hashtag #ErasVirtualSantaRun. We will be sharing your posted photos to our social media channels!

[CLICK HERE TO REGISTER FOR ERAS' 2020 VIRTUAL SANTA 5K RUN & WALK](#)



REGISTRATION IS NOW AVAILABLE!

ERAS.ORG



Dates and Details

- Registration is \$20 for students and \$25 for adults now through 11:59pm October 31st.
- Adult prices increase to \$30 on November 1, 2020.
- Secure your shirt or sweatshirt by registering before 10:00am November 16th. A limited supply of shirts will be available after this date.

If you have questions, please contact Becca Snow at Becca.Snow@Eras.org

[Sponsorship Opportunities](#)

Support the Holiday Giving Program

Since 2004, Eras Senior Network has provided self-sufficiency care packages to isolated and low-income seniors and adults with disabilities. This year, Eras is excited to work with the community to provide gifts to up to 1,100 older adults in Milwaukee County and Waukesha County. This is our highest number of recipients ever! Due to COVID-19, we are mailing all of our gifts in a holiday card and focusing on the most basic needs. While our wish list has fewer items, we aim to serve more than double the number of clients we served in 2019. Please help us give \$50 in gift cards and postage stamps to each of our recipients.

We encourage you to help collect donations to make this year's Holiday Giving packages meaningful for our community's seniors.

Holiday Giving Wish List:

- \$10 Walgreens gift cards
- \$10 Pick 'n Save gift cards
- \$10 Walmart gift cards
- Books of Forever Stamps

Donation Drop Off: To include your contribution in this year's packages, please donate your unwrapped gifts by Monday, December 14th, 2020. Please also include receipts or value with each gift card.

Mailing Your Donation: If you are able to mail your donation to us, please do so to help with social distancing. Donations of items or funds to purchase items can be mailed to:

Eras Senior Network (Attn: Becca Snow)
2607 N Grandview Blvd Suite 150
Waukesha, WI 53188

Dropping Off Your Donation Or Scheduling a Pick-Up:

- **Waukesha County:** Donations may be dropped off at our Waukesha office (same address as above) Monday through Friday between 8:30am and 4:30pm. Please note, during this time, all visitors entering the office building and Eras suite are required to wear a face covering. We are happy to coordinate a curbside pick-up if you would prefer to remain in your vehicle.
- **Milwaukee County:** We are happy to organize a drop off at one of our Milwaukee County offices, or a pick-up of donations in Milwaukee County. Please contact Becca Snow at (262) 522-2409 or Becca.Snow@Eras.org to schedule.

Thank you for your consideration in supporting our Holiday Giving Program! Please contact Becca Snow at (262) 522-2409 or Becca.Snow@Eras.org with any questions.

Community Needs

TimeSlips Creative Care Fall Festival 2020: Celebrating Virtual Connections During Quarantine

Eras Senior Network has recently partnered with TimeSlips, an organization whose mission is to bring meaning and purpose into the lives of elders through creative engagement.

If you are in need of some inspiration, we invite you to join TimeSlips for their Creative Care Fall Festival. Once a week from October 29 to November 19 they will be sharing all they have accomplished these past few months in creating innovative ways to creatively engage elders. You will hear from artists-in-residence in Wisconsin, students and elders in Durham, North Carolina, community members in Detroit, and artists in Milwaukee. Please join as they share how they have developed ways of telling stories and creating meaningful connections.

Festival Events

- *HomeMade Zines: Artists Respond to Lockdowns in Care Communities*
Thursday October 29, 10-11am CT/11-12pm ET
- *Tele-Stories: Artists Connecting with Elders via Phone*
Friday November 6, 2-3:30pm CT/3-4:30pm ET
- *Artists in Healthcare: Collaborations and Complexities*
Thursday November 12, 1-2pm CT/2-3pm ET
- *Get Engaged! Introducing the TimeSlips Engagement Parties*
Thursday November 19, 1-2pm CT/2-3pm ET



For more information or to sign up, please see the attached flyer or [go to their website](#).

Share Your Thoughts In Our Partner's Survey

Agency partner Marquette University is researching how social factors affect self-management for older adults who live alone. As part of this research, Margaret Salinas, a PhD Candidate and Research Assistant at the Marquette University College of Nursing, is conducting a survey. This survey is completely anonymous, and participants will be offered a small gift in appreciation of your participation. To participate in the survey, please click the link below and enter the password.

Survey Link: https://marquette.az1.qualtrics.com/jfe/form/SV_23iTY3xo6hdDljf

Password: oala

Questions can be directed to Margaret Salinas by emailing margaret.salinas@marquette.edu.

Voting Transportation Information

Waukesha County

Residents can utilize Best Cab and various Senior Taxi services to schedule any needed rides.

Milwaukee County Department on Aging

The Milwaukee County Department on Aging is coordinating transportation for older adults throughout the election process. If you or someone you know is in search of transportation related to voting, please see the attached flyer for more information.

Mobility Works

MobilityWorks, the nation's largest retailer of wheelchair accessible vans, is offering their customers a \$1 rental on November 3 to provide customers in the wheelchair community the ability to vote in person if they so choose. MobilityWorks has locations in Eau Claire, Milwaukee, Green Bay, and Sun Prairie. For more information please [click here](#).

- Delivery requests must be made using the below contact form or over the phone.
- Online reservations must be made 72 hours in advance. For last minute inquiries, please contact us by form, phone, or email to check availability directly with a representative.

- If you do not see availability online, please reach out directly and we will do our best to accommodate your needs
- Weekend special rates are available from Friday at 2 PM until Monday at 9 AM
- Please contact us directly for rental requests exceeding 30 days
- Driver must carry full coverage insurance – insurance will be verified ahead of time
- Business and commercial renters will need to provide additional insurance information which will be collected by a representative
- If electing to add adaptive driving equipment to your rental, please provide one of the following acceptable forms of proof of use along with a valid driver's license: an endorsement or restriction on your license, a written evaluation or prescription, or an acknowledgment of your experience using the adaptive equipment by providing a signature at the time of pick up.

Have you submitted your hours?

Help us each month by reporting your hours. It's one of the ways we stay funded! Submit your hours on our [website](#) OR [email](#) them to us!

**Pen Pals and School Tutors do not need to submit hours. They are tracked by letters written and sign in sheets. If you have questions about submitting hours please [contact us](#).



2607 N Grandview Blvd, Suite 150 Waukesha, WI 53188

Eras.org • Waukesha: (262) 549-3348 • Milwaukee: (414) 488-6500



Attachments

	29102020102935 Friendly Visiting Opportunities (November 2020).pdf	1K
	29102020102945 TimeSlips Creative Care Fall Festival.pdf	1K
	29102020102952 Flyer on Election Transportation Services.pdf	1K