

June 2022



Waukesha County Volunteer Newsletter

Dear Volunteer,

June marks the official start of summer! As you begin to venture back out to the world from winter hibernation, remember to take time for yourself; read a book, take a stroll and smell the flowers, and enjoy the sunshine! Read below to learn how you can continue to help your community through volunteering. Thank you so much for all that you do!

Welcome to the Eras Team, New Volunteers!

Thank you for giving your time to help support seniors and adults with disabilities in Waukesha County! The impact of your gift will be felt by all that you serve.



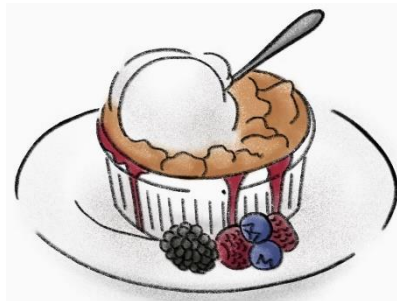
Sharing Recipes to Show Our Appreciation for You!

We want to continue appreciating our wonderful volunteers throughout the year by sharing recipes that were submitted by Eras clients. This Triple Berry Crumble recipe is the perfect summer treat, right in time for strawberry season! Enjoy! And if you make the recipe, feel free to share your experience (with pictures, if you like!) with us at ErasVolunteer@Eras.org.

Triple Berry Crumble

2 cups fresh blueberries	Crumble:
2 cups fresh raspberries	3/4 cup flour
2 cups fresh strawberries, sliced	3/4 cup sugar
1/2 cup sugar	1/2 cup light brown sugar
3 tablespoons cornstarch	1/2 cup oatmeal
1 1/2 teaspoons lemon zest	3/4 teaspoon cinnamon
3 tablespoons lemon juice	3/4 teaspoon salt
	1 stick of butter, diced, at room temperature

- Preheat oven to 350° F
- Place 6 brulee cups on a baking sheet
- Combine berries, 1/2 cup sugar, cornstarch, lemon zest, and lemon juice. Divide mixture among 6 cups
- Combine dry ingredients of crumble into mixing bowl
- Add butter and mix until crumbly
- Pinch into large crumbles and drop on top of fruit mixture
- Bake for 35-40 minutes
- Serve with ice cream and enjoy!



Driving Safety Tips Every Responsible Driver Should Know

Thank you to all our Eras Volunteer Drivers for driving safely! Here are some tips from Nationwide that we wanted to share with you.

Practice Safety

- Secure cargo that may move around while the vehicle is in motion.
- Don't attempt to retrieve items that fall to the floor.
- Have items needed within easy reach - such as toll fees, toll cards, and garage passes.
- Always wear your seat belt.

Disabled Parking Permit

If you are signed up as an Eras Volunteer Driver, you have the option to receive a Disabled Parking Permit to assist with the transportation of clients. These permits can be used when clients are in the car with you, and you need closer access to the building doors. If you are interested in receiving one of these to aid in your volunteer service, please contact Sarah at (414) 488-6931 or Sarah.Kiefer@Eras.org.

Volunteer Needs

Sand and Stain Chairs and Railing: A client in Delafield is in need of a volunteer to sand and stain two Adirondack chairs and two railings (10 feet and 20 feet in length).

Change a Furnace Filter and Hook up an Outdoor Hose: A client in Waukesha needs a volunteer to change out a filter for their furnace as well as hook up their outdoor hose in their backyard.

Stain a Ramp: A client in Oconomowoc is in need of a volunteer who can stain their ramp.

Hang a Shower Curtain: A client in Waukesha needs the assistance of a volunteer to put up a shower curtain in their bathroom.

Help Reposition Bird Feeders: A client in Waukesha is in need of a volunteer who can reposition a leaning shepard's hook that holds bird feeders.

If you are interested in volunteering, please contact Shannon at (262) 522-2405 or Shannon.Fogle@Eras.org.

Spring Yard Clean Up and Yard Work Volunteers Needed

Spring Yard Clean Up: Thank you to all groups and individuals who have volunteered to help our clients with their yard work this spring. We still have clients that are in need of volunteer help to get their yards ready for summer! Below are the communities that still need assistance with things like raking leaves, cleaning flower beds, pulling weeds, trimming bushes, cleaning gutters, placing lawn furniture, installing window screens, washing windows, etc.

We currently have 27 client yards that are still in need of assistance in the following areas:

- Brookfield (1)
- Hartland (1)
- Mukwonago (1)
- Muskego (2)
- New Berlin (3)
- Oconomowoc (7)
- Sussex (1)
- Waukesha (11)

We also have the following clients who are in need of more specific yard work assistance:

Trimming Overgrown Bushes: A Dousman client has requested a volunteer to trim overgrown bushes; no equipment provided.

Spreading Woodchips: A Waukesha client is in need of a volunteer to assist in spreading woodchips on the sides of their driveway on June 13th, 2022.

Clean Windows and Plant Flowers: A Waukesha client has a need for a volunteer to clean gutters, wash windows, and plant 10 flowers or plants in a circular area near their back door patio.

Clean Windows and Trim Bushes: A Brookfield client has requested assistance with cleaning windows, trimming bushes, placing lawn furniture, and cleaning gutters.

If you are interested in volunteering, please contact Shannon at (262) 522-2405 or Shannon.Fogle@Eras.org.



Volunteers Needed for Lawn Mowing

Clients throughout Waukesha County are in need of lawn care this summer. Volunteer to be matched with a client and help them mow their lawn throughout the season. This opportunity is flexible around your schedule and dependent on how fast the grass grows! At the beginning of the summer, Eras will match interested volunteers with one (or more) of our clients. Throughout the season volunteers are expected to stop over when the senior's lawn needs cutting. Groups can also participate in this opportunity and take turns mowing the client's lawn throughout the season.

We currently have 23 clients in need in the following areas:

- Menomonee Falls (2)
- Pewaukee (1)
- Sussex (1)
- Butler (1)
- Brookfield (1)
- New Berlin (4)
- Waukesha (12)
- North Prairie (1)

If you are interested in volunteering, please contact Shannon at (262) 522-2405 or Shannon.Fogle@Eras.org.



Friendly Visiting Volunteers Needed

The Friendly Visiting program aims to match clients and volunteers through a more strategic method. Clients may request volunteers who are similar in age or have had similar life experiences, and staff work to fill those requests with interested volunteers. Volunteers are asked to visit with these clients on a regular basis to increase socialization. Please see the attached document to read more about the clients and their interests.

If you are interested in any of these opportunities or would like to learn more about any of the clients seeking a Friendly Visitor, please contact Shannon at (262) 522-2405 or Shannon.Fogle@Eras.org.

Volunteers Needed for Friendly Phone Call Program

We are putting out a call for volunteers to join the Friendly Phone Call program! This program pairs an Eras client with a volunteer to have regular conversations by phone. The Friendly Phone Call program is a longer-term commitment (12+ weeks) and seeks to decrease social isolation and reduce the feelings of loneliness in our clients.

How does it work?

- The volunteer will complete an application, be screened, and matched with a client(s).
- The volunteer calls the client to introduce themselves and, along with the client, decides when and how often they should connect (usually between 2-4 times a month, with calls typically lasting 20 minutes or less - but may be longer if time permits).
- After each call, the volunteer lets Eras know whether they were able to connect with the client (through a quick email, phone call, or online survey).
- If a client asks for a ride, assistance, resources, or has questions or concerns, volunteers should refer them to our main line. Eras staff will follow up on any additional needs that the client has.
- Repeat!

If you or someone you know is interested in becoming a volunteer, or you have questions about the program, please email ErasVolunteer@Eras.org or call (262) 549-3348.



Stop By the Waukesha County Senior Resource Fair

Social isolation and loneliness are huge concerns for seniors in our community. This year, to commemorate World Elder Abuse Awareness Day, the ADRC of Waukesha County is hosting a senior resource fair to connect area seniors with resources that can help prevent social isolation and combat elder abuse. Check out the attached flyer for details, a schedule of events, and registration information!

When: Wednesday, June 15th, 2022 10 AM - 2 PM

Where: Sussex Civic Center at N64 W23760 Main Street, Sussex, WI



Have you submitted your hours?

Help us each month by reporting your hours. It's one of the ways we stay funded! Submit your hours on our [website](#) OR [email](#) them to us!

**Pen Pals and School Tutors do not need to submit hours. They are tracked by letters written and sign in sheets. If you have questions about submitting hours please [contact us](#).



Eraser Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

(414) 488-6500 • (262) 549-3348 • Eras.org



Attachments



[WEAAD 22 Flyer.pdf](#)

1K

Attachments



[Friendly Visiting Opportunities June 2022.pdf](#)

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