

September 2017



Volunteer Newsletter

Volunteer Opportunities

Dear Volunteer,

"I alone cannot change the world, but I can cast a stone across the waters to create many ripples." Mother Teresa

Urgent Needs

School Needs

Horning Middle School: We need your help! Horning Middle School is introducing a new program that encourages their students to seek out stories through dialogue with an older generation. Volunteers over the age of 55 will be matched with one or two 8th grade students (per class hour). We are looking for 15 volunteers to fill this need in the school!

Dates (must attend at least 1 semester, preferably both):

- 1st semester 2017 dates: Wednesday, October 4th, Wednesday, October 18th, Wednesday, November 1st
- 2nd semester 2018 dates: Wednesday, February 21st, Wednesday, February 28th, Wednesday, March 14th

Times (pick any or all sessions):

- 8:45-9:20am (during 2nd hour)
- 9:25-10:00am (during 3rd hour)
- 1:00-1:35pm (during 6th hour)

Program details: Students will have the chance to interview volunteers about their life. They will then create a story or artifact that showcases or symbolizes the volunteer's story. The projects will be shared with volunteers on the last date of each semester. The first semester will focus on open-ended life stories while the second semester will focus on life stories that are connected to important historical events. Contact Corinn Marich for more information at (262) 522-2403 or CorinnM@ERAsWaukesha.org. We ask that you tell your friends about this opportunity! Spread the Word!

Readers Café (School District of Menomonee Falls): Come and share your love of reading with an elementary school student over their lunch hour. This program will be held on Tuesdays and/or Wednesdays for 7 weeks during the school year. There will be an orientation and district wide training to help prepare volunteers to assist students. For more information, please contact Dawn Hinton, Program Coordinator at (262) 617-8061 or DawnH@ERAsWaukesha.org.

Pen Pal (School District of Menomonee Falls): Do you like writing letters and want to volunteer from home? Help a 2nd-5th grade student with their penmanship and build an intergenerational relationship as you exchange correspondence over the school year. At the end of the school year Pen Pals will meet their students face-to-face at the meet and greet party. Contact Dawn Hinton for more information at (262) 617-8061 or DawnH@ERAsWaukesha.org.

Faith in Action

Outdoor Help: A woman in New Berlin would like her front step painted and some of her bushes trimmed. She has the equipment needed, including the paint and brushes and hedge trimmer. This would likely take half a day by one or two volunteers.

Garage needs Paint: A woman in Pewaukee would like a volunteer group to paint the inside of her garage. She would provide all equipment needed and wants to give her garage a fresh look before winter.

Overgrown Yard: A woman in New Berlin needs a group or dedicated volunteer to help make a dent in her overgrown yard. We will be sending out help for Fall Yard Clean Up, but would like a group before then to cut weeds. She is no longer able to keep up with her property and needs to have it taken care of since it is becoming a neighborhood issue. Are you willing to commit to a half a day of weed pulling?

Contact Anna for more details on how to fill our urgent needs at (262) 522-2402 or AnnaR@ERAsWaukesha.org.

Save the Date

Join us on December 3rd, 2017 for the ninth annual Santa 5k Run & Walk Fundraiser benefitting ERAs Senior Network. Register NOW at ERAsWaukesha.org or click the image below.



Community Needs

Apple Harvest Festival at Retzer Nature Center: This year's festival is scheduled for Saturday, September 23rd. The Retzer Nature Center needs a total of 300 volunteers to make this event a success – so please consider volunteering this year! There is a volunteer interest form to fill out if you are interested. Please email Anna to signup. There are 3 shift options the day of the festival, as well as opportunities on Wed/Thurs/Fri prior to the festival to assist with caramel apple and pie making.

1st Shift: 8:30am-Noon

2nd Shift: 11:30am- 2:30pm

3rd Shift: 2:00pm-5:00pm

Contact Anna for more details at (262) 522-2402 or AnnaR@ERAsWaukesha.org.

Community Events

Car Seat Safety Check: Does your Grandchild use a car seat while riding in your car? ProHealth Care is offering free car seat checks throughout the community. Safety checks happen between 10am and 2pm

- 1st Friday of the month- Mukwonago Fire Department Station #1, 1111 Fox St., Mukwonago
- 2nd Friday of the month- Waukesha Fire Department Station #1, 130 W. St. Paul Ave, Waukesha
- 3rd Friday of the month- Western Lakes Fire District Pabst Farm Station #1, 1400 Oconomowoc Parkway, Oconomowoc

Children need to be present to ensure a good car seat fit. Every car seat in the vehicle will be checked. Please allow one hour for each seat. Appointments are required. Go to ProHealthCare.org/Classes or call 262-928-2745 to make an appointment to get your car seat checked.

Living Well with Chronic Conditions: The Living Well with Chronic Conditions workshop is recommended for adults with all types of ongoing health conditions and their caregivers. Learn skills and gain confidence to deal with your life's challenges, such as practical ways to deal with pain, fatigue, better nutrition and exercise choices. You will become a better 'self manager' of your health and the investment of your time will bring life changes far beyond your expectations.

When: Mondays, Sept. 11 - Oct. 16

Time: 1 - 3:30 p.m.

Where: Community Memorial Hospital, Treiber Conference Center, W180 N8085 Town Hall Road, Menomonee Falls

The workshop is free. The textbook is provided during the workshop and is available for purchase for \$20 if desired, not required. Registration required. Space is limited. Please call 800-272-3666. For more information, visit froedtert.com/living.

End of Life Planning: Join Mark Krause and Jessica Ciele as they discuss everything you need to know about end-of-life planning Wednesday, September 13th from 6:00pm to 8:00pm. This seminar will be held free of charge at Citizens Bank Training Room, 2109 Corporate Drive, Waukesha. To register, call 262-378-4841 by Wednesday, September 6th.

Retire United Connection: Save the date for a conversion on Preparing for Unexpected Costs with Retire United on Tuesday, September 12th from 10:00am – 12:00pm at Easter Seals of Southeast Wisconsin, 505 Northview Road, Waukesha, WI 53188.

Agenda

9:30-10:00am Registration & Open Networking

10:00-10:45am Presentation-Preparing for Unexpected Costs, Brian Ellenbecker- Senior Vice President Baird, Jennifer Roettgers-Financial Advisor, Brian Wielgus- Financial Advisor

10:45-12:00pm Open Networking

Please register for this event at unitedwaygmwc.org/Retire-United.

Submit Your Hours

Thank you for all you do to help make Waukesha County a stronger community! Please remember to submit your hours each month. Reporting hours is important not only for the clients and the volunteers, but for numerous grants and agencies that we work with.

Submit your hours on our [website](#) OR [email](#) them to us!



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