

June 2022



Hello volunteer,

June marks the official start of summer! As you begin to venture back out to the world from winter hibernation, remember to take time for yourself; read a book, take a stroll and smell the flowers, and enjoy the sunshine! Read below to learn how you can continue to help your community through volunteering. Thank you so much for all that you do!

## Welcome to the Eras Team, New Volunteers!

Thank you for giving your time to help support seniors in Milwaukee County! The impact of your gift will be felt by all that you serve.



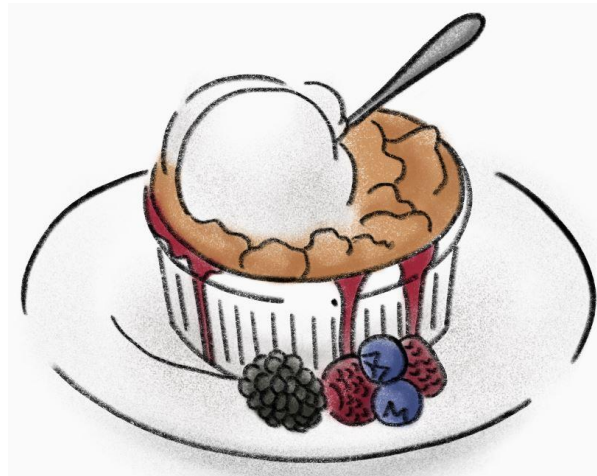
## Sharing Recipes to Show Our Appreciation for You!

We want to continue appreciating our wonderful volunteers throughout the year by sharing recipes that were submitted by Eras clients. This Triple Berry Crumble recipe is the perfect summer treat, right in time for strawberry season! Enjoy! And if you make the recipe, feel free to share your experience (with pictures, if you like!) with us at [ErasVolunteer@Eras.org](mailto:ErasVolunteer@Eras.org).

### Triple Berry Crumble

2 cups fresh blueberries	Crumble:
2 cups fresh raspberries	3/4 cup flour
2 cups fresh strawberries, sliced	3/4 cup sugar
1/2 cup sugar	1/2 cup light brown sugar
3 tablespoons cornstarch	1/2 cup oatmeal
1 1/2 teaspoons lemon zest	3/4 teaspoon cinnamon
3 tablespoons lemon juice	3/4 teaspoon salt
	1 stick of butter, diced, at room temperature

- Preheat oven to 350° F
- Place 6 brulee cups on a baking sheet
- Combine berries, 1/2 cup sugar, cornstarch, lemon zest, and lemon juice. Divide mixture among 6 cups
- Combine dry ingredients of crumble into mixing bowl
- Add butter and mix until crumbly
- Pinch into large crumbles and drop on top of fruit mixture
- Bake for 35-40 minutes
- Serve with ice cream and enjoy!



## Driving Safety Tips Every Responsible Driver Should Know

Thank you to all our Eras Volunteer Drivers for driving safely! Here are some tips from Nationwide that we wanted to share with you.

### Practice Safety

- Secure cargo that may move around while the vehicle is in motion.
- Don't attempt to retrieve items that fall to the floor.
- Have items needed within easy reach - such as toll fees, toll cards, and garage passes.
- Always wear your seat belt.

## Disabled Parking Permit

If you are signed up as an Eras Volunteer Driver, you have the option to receive a Disabled Parking Permit to assist with the transportation of clients. These permits can be used when clients are in the car with you, and you need closer access to the building doors. If you are interested in receiving one of these to aid in your volunteer service, please contact Sarah at (414) 488-6931 or [Sarah.Kiefer@Eras.org](mailto:Sarah.Kiefer@Eras.org).

## Volunteer Needs

**Walker Fix:** A client in Greenfield needs his walker fixed that had the wheels fall off. Needs some bushings.

If you are interested in volunteering for this service, or any other volunteer program, contact Sarah at (414) 488-6931 or [Sarah.Kiefer@Eras.org](mailto:Sarah.Kiefer@Eras.org).

## Volunteers Needed for Spring Yard Clean Up

Volunteers are still needed to clean up the yards of community older adults to get ready for the warm weather! Volunteer duties include: raking leaves, cleaning flower beds, pulling weeds, trimming bushes, cleaning gutters, placing lawn furniture, installing window screens, washing windows, etc. This is a great volunteer opportunity to do as an individual, as a family, with friends, with a work group, or with a church group!

**We still have over 60 yards to clean** and have the greatest need for volunteer help in the following areas:

- The City of Milwaukee, Northwest and Northeast side
- West Allis
- West Milwaukee
- Greendale
- Greenfield

If you or someone you know would be interested in helping, but have not registered yet, please contact Suzy at (414) 488-6930 or [Suzanne.Endres@Eras.org](mailto:Suzanne.Endres@Eras.org).



## Volunteers Needed for Lawn Mowing

Clients throughout Milwaukee County are in need of lawn care this summer. Volunteer to be matched with a client and help them mow their lawn throughout the season. This opportunity is flexible around your schedule and dependent on how fast the grass grows! At the beginning of the summer, Eras will match interested volunteers with one (or more) of our clients. Throughout the season volunteers are expected to stop over when the senior's lawn needs cutting. Groups can also participate in this opportunity and take turns mowing the client's lawn throughout the season.

If you are interested in helping but have not registered yet, please email [ErasVolunteer@Eras.org](mailto:ErasVolunteer@Eras.org) or call (414) 488-6931.



## Volunteers Needed for Friendly Phone Call Program

We are putting out a call for our volunteers to join the Friendly Phone Call program! This program pairs an Eras client with a volunteer to have regular conversations by phone. The Friendly Phone Call program is a longer-term commitment (12+ weeks) and seeks to decrease social isolation and reduce the feelings of loneliness in our clients.

### How does it work?

- The volunteer will complete an application, be screened, and matched with a client(s).
- The volunteer calls the client to introduce themselves and, along with the client, decides when and how often they should connect (usually between 2-4 times a month, with calls typically lasting 20 minutes or less - but may be longer if time permits).
- After each call, and attempted call, the volunteer lets Eras know whether they were able to connect with the client (through a quick email, phone call, or online survey).
- If a client asks for a ride, assistance, resources, or has questions or concerns, volunteers should refer them to our main line. Eras staff will follow up on any additional needs that the client has.
- Repeat!

**Are you a current Friendly Phone Call volunteer looking for a refresh of how the program works? Check out the attachment for more information!**

If you or someone you know is interested in becoming a volunteer, or you have questions about the program, please contact Sarah at [Sarah.Kiefer@Eras.org](mailto:Sarah.Kiefer@Eras.org) or (414) 488-6931.





## Come Visit Eras at the Milwaukee Juneteenth Day Parade!

Juneteenth is an important historic day not only for Milwaukee, but for the entire country. It was on this day, June 19th, 1865, when nearly 2,000 Union troops marched to Galveston Bay, Texas to announce to 250,000 enslaved Black people that they were finally free by executive order.

This will be Milwaukee's 51st year of celebrating Juneteenth Day and Eras will be hosting an information booth about our services, and we would love to see you!

**When:** Sunday, June 19th, 2022 from 8AM-4PM

**Where:** On Dr. Martin Luther King Jr. Drive between West Burleigh Street and West Center Street

Can't come in person? The parade will be broadcasted live on Milwaukee's TMJ4 along with other historical and educational programs.

**Want to help volunteer for this event?** Contact Freda at (414) 488-6927 or [Freda.Wright@Eras.org](mailto:Freda.Wright@Eras.org).



## Have you submitted your hours?

Help us each month by reporting your hours. It's one of the ways we stay funded! Submit your hours on our [website](#) OR [email](#) them to us!

\*\* If you have questions about submitting hours please [contact us](#).

GOT FEEDBACK?  
SHARE IT HERE:  
[tinyurl.com/ErasFeedback](https://tinyurl.com/ErasFeedback)



## Eras Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

(414) 488-6500 • (262) 549-3348 • Eras.org



### Attachments



[FPC Tips and Tricks June 2022.pdf](#)

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