Volunteer Opportunities

Hello Volunteer,

While the snow continues to fall, we look ahead to warmer weather and longer days. The first day of spring is coming up and that means we are starting to gear up for our Spring Yard Clean Up events! Gather a team and help us prepare clients' yards for the summer.

Welcome to the Eras Team, New Volunteers!

Thank you for giving your time to help support seniors and adults with disabilities in Waukesha County! The impact of your gift will be felt by all that you serve.

Mariel Hood
Trisha Dall
Joshua Grant

Sheila Goodman
Judith Cota
Sally Kellicut

Talon Morton
Liam Coad
Scott Kellicut
Featured Volunteer Stories

RSVP volunteers in Menomonee Falls gathered together for the "Warm Someone's Heart" Valentine's Day breakfast. Volunteers enjoyed breakfast and shared a breakfast by donating items to the Menomonee Falls Food Pantry. The food drive is part of a school-wide initiative for Riverside school in which students can earn bricks for their Wall of Kindness (one brick for every five food items donated). RSVP volunteers earned 11 bricks for the wall, with a total of 55 items donated. During the breakfast, they also shared stories of how volunteering through Eras warms their hearts and impacts their lives.

Volunteer Needs

Friendly Visiting Opportunities: We currently have two Eras Senior Network clients looking to be matched with a Friendly Visitor. Be a friend to a senior or adult with a disability who is isolated and looking for someone to talk to. There are opportunities to visit with clients over the phone or in their home on a weekly or bi-weekly basis. Please see the attached document to read more about who these clients are and what their interests are. If you are interested in any of these opportunities, contact Judith at (262) 522-2411 or JudithA@eraswaukesha.org.

Phone Assistance in Main Office: Eras Staff members are in need of someone to help in the main office on Thursday mornings from approximately 9-11am. They will be responsible for calling volunteers weekly to give them their driving assignments. We are looking for someone who is comfortable making phone calls, likes talking to people, and is interested in helping with the coordination of volunteers. If you are interested in this opportunity, contact Spring at (262) 522-2407 or SpringK@eraswaukesha.org.

Festival of Flowers: Eras Senior Network's 10th Annual Festival of Flowers event is less than a month away and we are still looking for volunteers to help! On Wednesday, March 20th 2019 volunteers are needed to work as Greeters, Servers, Evening Assistants, and Mimosa/Lemonade Makers. If you are interested in volunteering, please sign up here.
Community Events

Spring Wine Garden – Will You Help Us Reach 100 Guests?

We are hosting a Spring Wine Garden fundraiser on Wednesday, March 20th 2019 from 5:30pm-7:30pm. New this year, guests will visit sampling stations throughout the greenhouse featuring wine and beer. There will also be a variety of cheeses, fruit, and appetizers as guests walk about the greenhouse. This event is an opportunity for the community to support the mission of Eras Senior Network while mingling with friends and colleagues.

Our goal is to bring 100 attendees to the Spring Wine Garden. Will you help us reach this goal by inviting your friends and colleagues to join you?

Tickets are $35 each and include wine and beer samples, appetizers, and one raffle ticket. Click HERE or call (262) 549-3348 to register today.

Spring Wine Garden

Wednesday, March 20th
5:30-7:30pm

Support Eras while enjoying wine tasting and beer samples, cheese, fruit, and hors d’oeuvres.

Located at Waukesha Floral & Greenhouse
$35 per person

For more information contact Heather at Heather@ErasWaukesha.org or (262) 522-2404
Festival of Flowers – 1pm Luncheon Seats Still Available

It is our 10th year hosting our Festival of Flowers luncheons and we invite you to join us! Space is still available for our 1:00pm seating and the 11:00am seating is sold out! Enjoy lunch from the Picnic Basket, $5 mimosas, and an entertaining floral demonstration by the talented designers of Waukesha Floral and Greenhouse! Tickets are $35 each and proceeds support the programs of Eras Senior Network. Click HERE or call (262) 549-3348 to register today.

FESTIVAL OF FLOWERS

When:       Wednesday, March 20th 2019
Location:   Waukesha Floral & Greenhouse
            319 S Prairie Avenue, Waukesha, WI 53186
Time:       1:00pm Luncheon (11:00am seating is sold out)
Event:      Features beautiful & entertaining floral demos
            Catered by The Picnic Basket Restaurant
Tickets:    $35 per person

New this year, $5 Mimosas at both seatings!

For more information contact:
Heather@ErasWaukesha.org or (262) 522-2404
Students who aren’t strong readers by fourth grade are at risk of never catching up. Help them get on track with Vello.

**Vello** is one-on-one online reading tutoring that makes volunteering and community impact easy.

**How Vello Works**
- Teachers in local schools select students who need help reading.
- Pick a session a week during the school day. Each week, you pick a timeslot that works for you.
- Use any device connected to the internet, just like a webinar. No downloads necessary!
- See students’ progress in real time as the software tracks reading growth.
- Optional: Meet students and teachers in person at their school, with opportunities scheduled throughout the school year.

**Volunteer Commitment**
- Pass a background check.
- Volunteer at least 30 minutes per week.
- Complete a one-hour training in person or via webinar.

Contact Corinn for more details at (262) 522-2403 or CorinnM@ErasWaukesha.org.
ProHealth Care Community Education Classes

Each month ProHealth Care offers a wide variety of Community Education classes and events. These classes can help you make informed health care decisions and develop healthy life habits. All classes and events are free unless otherwise indicated. Registration is required for all events. For a complete list of classes, click here or view the attached brochures.

Financial Fitness 101

Volunteer to help at the 13th annual Financial Fitness 101 event for the School District of Waukesha students. The event will be held on Friday, March 15th 2019 from around 8:00am-2:30pm at Waukesha County Technical College in the Richard T Anderson Center (800 Main Street Pewaukee, WI).

You will work with students as they move from station to station and help them gain various financial literacy skills. Approximately 400 high school students will come throughout the day. The students love this event and continue to talk about it for weeks after. They often ask to come again the next year to see if they can be more successful the second time around.

If you are interested in helping out, please sign up here.

Contact Mollie Haubenschild for more details at (262) 970-1083 or mhaubensch@waukesha.k12.wi.us
Citizens Bank’s Good Life Club and the Elder Rights Project welcomes expert panelists from Waukesha County agencies who will give an overview of financial abuse, provide tips to lower risk, and what to do if victimized.

Members of the panel will include representatives from Waukesha County’s District Attorney’s Office and Health and Human Services Department, the Elder Rights Project, and Citizens Bank’s Compliance and Security Department.

Thursday, March 21, 2019
2:00 PM - 4:00 PM
Citizens Bank - Training Room, 2109 Corporate Dr., Waukesha

This important seminar is free of charge, but please reserve your seat by calling 262.378.4841 or email cchapman@citizenbank.com by March 15th.

Contact us now to reserve your seat!
ProHealth Community Fair
Saturday, April 13th 2019 | 9:00am - 12:00pm
Waukesha County Exposition Center (Forum Complex, 1000 Northview Road)

Come with family and friends for a morning packed with helpful health information.

• Community resources and educational displays
• Health insurance expert
• $5 bike helmets
• Free radon testing kits (supplies limited)
• Healthy food samples and recipes
• Kids’ activities
• CPR demonstrations
• Fire and police departments (dependent on availability and weather)

Free Assessments and Screenings

• Health screening
  Includes cholesterol, blood sugar, blood pressure, body mass index and urine testing.
  Results and counseling provided by a health care professional. Appointment is required. Register at ProHealthCare.org/Classes or call 262-928-2745.

• Balance
• Blood pressure
• Bone density
• Child growth
• Lung function
• Body mass index
  • Vision
  • Blood type
  • Grip strength
  • Oral cancer
Waukesha Parks 27th Annual Trailbreaker Marathon

Join the Waukesha Parks, Recreation and Forestry Department at the 27th Annual Trailbreaker Marathon. Volunteers are needed April 4th-6th 2019 to help cheer on runners along the course, assist with set up, hand out aid station supplies, and congratulate runners at the finish line with a medal!

Sign up to volunteer, or visit the [website](http://example.com) for more race information.

Contact April for more details at (262) 524-3709 or [adethloff@waukesha-wi.gov](mailto:adethloff@waukesha-wi.gov).

Have you submitted your hours?

Help us each month by reporting your hours. It's one of the ways we stay funded! Submit your hours on our [website](http://example.com) OR [email](mailto:hours@example.com) them to us!

**Pen Pals and School Tutors don’t need to submit hours. They are tracked by letters written and sign in sheets. If you have questions about submitting hours please contact us.**

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**Attachments**

- [Friendly Visiting Opportunities (March).pdf](attachment:Friendly_Visiting_Opportunities_March.pdf) 1K
- [ProHealth Care Classes & Events - March & April 2019.pdf](attachment:ProHealth_Care_Classes_March_April_2019.pdf) 1K