

Attachments



[Summer 2018 CMH Flyer \(2\).pdf](#)

VOLUNTEER

DONATE

June 2018



Volunteer Newsletter

Volunteer Opportunities

Dear Volunteer,

"Volunteers do not necessarily have the time; they just have the heart." - Elizabeth Andrew

Welcome to the ERAs Team, New Volunteers!

Thank you for giving your time to help support seniors and adults with disabilities in Waukesha County! The impact of your gift will be felt by all that you serve.

Carolyn Smith

Linda Metzger

Savannah Burgess

Tony Bawiec

Ceci Baier

Nancy Stiemke

Steven Lovelien

Julie Varga

George Cunningham

Pat Pendergast

Sue Stempien



Volunteer Needs

Want to spend some time outside this summer?: We have ~15 yards left that need a Spring Yard Clean Up Volunteer. This is a very flexible opportunity for yourself or a group. We're also looking for MANY lawn mowing volunteers to fill our unmet needs. This is a great opportunity for volunteer hours for high schoolers or college students who are home for the summer. You'll be matched with a person in need in your community for the summer. Help give someone the independence of being able to stay in their own home.

Drivers: It's no surprise we need more drivers to fill the transportation gap in our community. Opportunities are listed on our online Portal, volunteers select what fits best in their schedule, we inform the client you'll be driving them and you confirm with the client the day before, and then you fulfill the request. Training is provided to all new drivers! Still nervous? Let us pair you up with a longtime volunteer driver to go on a ride!

Friendly Visitor: A client with early signs of dementia would like a volunteer to facilitate her taking her dog, Love, on walks. She lives close to Carmelite Monastery in Pewaukee and really enjoys walking her dog around the grounds.

Friendly Visitor: A longtime client, who lives in Willow Park Apartments in Waukesha, has recently given up smoking. The unforeseen consequence of quitting is that she has no real socialization because she doesn't want to visit with people who are smoking and put herself in a position to start again. She would like a woman to visit with who understands depression and wants a friend herself to visit on a regular basis.

Contact Anna for more details on how to fill our urgent needs at (262) 522-2402 or AnnaR@ERAsWaukesha.org.

Support ERAs Over Dinner - June 5th!

Please join us at Portillo's in Brookfield on June 5th from 5-8 pm to support ERAs! If you bring the attached flyer or show it on your phone when ordering, 20% of your order will go to ERAs. This promotion works through the drive-thru but be sure to mention the promotion before you order. Supporting ERAs has never been so easy – or delicious!



Portillo's[®] for GOOD

FUNDRAISERS

Bring in this flyer or show it on your smartphone
and 20% of the proceeds will benefit

ERAS SENIOR NETWORK, INC.

June 5, 2018
5:00pm - 8:00pm

at the Portillo's located at:
17685 W. Bluemound Road
Brookfield, WI 53045

We look forward to seeing you there!

To learn more about how you can partner with us
to serve up a better tomorrow, visit
portillos.com/good



Not valid with online orders. Promoting on Portillo's premises is strictly prohibited.

RSVP Pen Pal Program highlighted in Milwaukee Journal Sentinel

Check out how pen pals in Waukesha are bridging a generational gap.

<https://www.jsonline.com/story/news/columnists/better-angels/2018/05/28/pen-pals-2018-children-find-age-old-way-connect-seniors/642620002/>



Strength Training Classes

Bone and muscle loss begins early; strength training can reverse the process. Community Memorial Hospital, W180N8085 Town Hall Rd, Menomonee Falls, is hosting an 8 week class beginning July 9th. For more information, click on the attached pdf or contact Jen Whitty, Health & Well-Being Educator, at 262-548-7789.

Come See us at the Sussex Senior BBQ and Resource Fair



Come
Join Us!

Senior BBQ & Resource Fair!

**Seniors 60 and older are invited to have lunch through the
Senior Lunch program and learn about
Community Resources!**

Lunch will be served from 12pm -1pm
Please RSVP to 262-347-3565

Meet representatives from:

ADRC **WHEAP** ERAs *St. Joe's* Community Memorial
Hunger Taskforce(Foodshare) **Sussex Recreation Dept.** Compassionate Clean
Pauline Haass Public Library ComForCare Home Care

And more...



Have you submitted your hours?

Help us each month by reporting your hours. It's one of the ways we stay funded! Submit your hours on our [website](#) OR [email](#) them to us!

**Pen Pals and School Tutors don't need to submit hours. They are tracked by letters written and sign in sheets. If you have questions about submitting hours please [contact us](#).



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