

September 2022



September is here and it is bringing earlier evenings and cooler mornings. Fall is right around the corner, so be sure to get your rakes ready to prepare for colder weather!

Welcome to the Eras Team, New Volunteers!

Thank you for giving your time to help support seniors and adults with disabilities in Waukesha County! The impact of your gift will be felt by all that you serve.



Help UWM Graduate Students Practice their Interview and Assessment Skills

Eras is excited to share an opportunity for volunteers to help the next generation of healthcare workers advance their interview and assessment skills. Students from UWM in social work and health sciences are seeking older adult participants to conduct a practice interview over the phone. Students will utilize an interview and assessment tool from their coursework, and the name and responses of participants will be kept confidential. If you are interested in participating or would like to learn more, please reach out to Sophia Franklin at Sophia.Franklin@Eras.org or (414) 488-6929.

Specific Client Needs

Below are several requests we are looking for volunteers to fill. If you are interested in working with any of the clients below, please reach out to Shannon Fogle (262) 522-2405 or Shannon.Fogle@Eras.org.

Assist with mail/bills -

- New Berlin client that is affected by visual impairment is in need of volunteer assist a few times a month to go through mail, assist with bills that he cannot do online. Occasional online assistance needed. Client has a cat.

Minor Home Repairs-

- Delafield client- Sanding and staining 2 Adirondack chairs, 2 outdoor railings (1st floor 10 ft railing and 2nd floor 20 ft. railing) in need of sanding and staining
- Waukesha client-Finish painting front railing.

Yard work-

- Seeking volunteer help with 22 yards in Waukesha County (Hartland, Lannon, Oconomowoc, Menomonee Falls, Brookfield, Muskego, and Waukesha): Requests vary and include trimming hedges/bushes, cleaning 1st floor gutters, cleaning 1st floor outdoor windows, or pulling weeds.

Lawn Mowing-

- We have 24 clients seeking assistance for lawn mowing. Clients live in Waukesha, Pewaukee, Sussex, Menomonee Falls, Butler, Brookfield, North Prairie, and New Berlin.

Friendly Visiting-

- **Our 81-year-old Oconomowoc client** is seeking a female volunteer of any age for weekly visits, or as the volunteer's schedule allows. She would enjoy afternoon visits (not on Wed. or Sun.), or some mornings would be fine. Schedule will need to be coordinated with client's daughter as she helps oversee coordination for appointments. Client describes herself as someone who smiles a lot, loves people, is friendly, and is a Christian. Client experiences a little forgetfulness and remains independently living with support from family. Her current interests are spending time outdoors, watching the birds, playing piano, listening to church music, and attending church/bible study. She would enjoy a volunteer that she can talk and visit with. She loves to have discussions about her family, grandchildren, and reminiscing about missionary work where she spent 10 years with her family in South Korea. She also has slides/slide viewer of her time in South Korea that she enjoys looking at. Client may enjoy playing dominos or Yahtzee with volunteer.
- **Our client is a 97-year-old Waukesha client.** She is seeking a female volunteer of any age to visit during the week twice a month with preferred time being the morning. She describes herself as sometimes quiet and enjoys being with family. She loves reading happy stories and spending time outdoors watching the birds. Her current interests are following current events/news, older movies, listening to Ballroom and Christian music, and playing Rummikub/Kienasta. Past interests included crocheting,

travelling, and dancing. In the past, she worked as a nurse in a hospital and assisted in the family bakery business.

- **Our 85-year-old client lives in Oconomowoc.** She would enjoy a female volunteer of any age, that could visit twice a month in the afternoons. If volunteer is available for visits on weekends, she would enjoy that, but weekday visits would be fine also. If there was a volunteer that would be able to bring their dog with them during visits, she would really like that as she misses not having a dog. She describes herself as an active person. Present interests include spending time outdoors, reading (historical novels, classics, Harry Potter, mysteries, humor), crafting homemade birthday cards, T.V. programs (science fiction, comedies, *Blue Bloods*, and the *Great British Baking Show*). She likes to cook/bake and has an interest in food crafting. She enjoys cards/games (Bridge, King's Corners, Banana Gram, and Scrabble). Her past interests included travelling up to cottage up north, hunting, fishing, time with her horses, and picking berries in summer months.
- **Our client is a 74 year old woman that lives in Sussex.** She is interested in receiving friendly visits from a female volunteer between the ages of 50's-70's, but would be accepting of other ages. Ideal volunteer could provide weekly late morning visits, but open to schedule based on volunteer availability. She recently moved to the area and is no longer driving. She is feeling isolated as she is challenged with a visual deficit which further impacts ability to go out and it is harder for her to go out in the Winter. Her spouse passed away within the past few years. She is alert and oriented and describes herself as a friendly person. She enjoys playing any games or cards. She likes scrabble and playing Sheepshead. She enjoys TV and doing crossword puzzles. She came from a large family and enjoys talking about family. In the past, she liked to read, crochet, and do oil painting. She is a smoker.
- **Our client is a 76 year old Waukesha woman.** A female volunteer age 30 or older is preferred. Thursday/Friday afternoon/evening visits preferred or weekend in the afternoon would also be fine for visits. Client lives with her daughter and has a cat. She is pleasant and enjoys being with people. She is affected by frontal lobe dementia and has no memory loss or behaviors. At times she may have difficulty with communication, may mix up response of yes or no, but will correct herself if given the time. Client enjoys being around family, going up North with her daughter, and fishing. Interests include games (Yahtzee, Uno), having her fingernails painted, sitting outdoors or wheelchair tour around the river (uses wheelchair rather than walker for longer distances), craft projects (they have craft kits), and brain function books. She can walk shorter household distances with a walker. Visits would be coordinated with daughter. Daughter works from home so she is available if needed or to address questions while volunteer is visiting. Daughter can transfer client into a wheelchair if volunteer would like take her outdoors.
- **Our Client is 60 year old female who lives in an independent apartment in Mukwonago.** Client has supportive services throughout the week in place as she lives alone. Family is attentive and involved. She would enjoy a male or female volunteer between the ages 55-70 to visit weekly either weekdays or weekends, pending availability of volunteer. She is seeking friendly visits to increase socialization. Client has forgetfulness and difficulty with word finding. She describes herself as friendly and active. Client used to be a mental health counselor and loves having conversations, although finding the right words are hard for her at times. She enjoys the outdoors, walking outdoors, and spending time with family/grandchildren. Client has a small dog named Simba that is mild mannered. Client enjoys watching the show Law and Order and movies with Johnny Depp. Past activities/interests are more challenging at this time due to memory impairment. Past interests were baking (if volunteer did this would need to check with daughter on supplies needed or bring supplies), current events, and reading the newspaper (short information may be good

to share, but long stories could be hard for her to follow). She enjoys all music genres especially the oldies. Client moved to the area from Oshkosh earlier this year to be closer to daughter. She is very sad about her circumstances and is seeking a visitor to increase socialization. Volunteer should have an understanding of working with someone with impaired short-term memory. Volunteer will need patience and not have high expectations of client. Volunteer would coordinate visits with daughter as daughter coordinates and oversees schedule and provides additional support/assistance to her.

Have you submitted your hours?

Help us each month by reporting your hours. It's one of the ways we stay funded! Submit your hours on our [website](#) OR [email](#) them to us!

**Pen Pals and School Tutors do not need to submit hours. They are tracked by letters written and sign in sheets. If you have questions about submitting hours please [contact us](#).



Eras Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

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