



October 2022

It's finally starting to feel like Autumn! This means pulling out decorations, bringing out the coats and sweaters, and planning for holidays. At Eras, we're doing Fall Yard Cleanup to celebrate the season! If you're interested in joining, please email Gabby at Gabby.Huff@Eras.org.

Welcome to the Eras Team, New Volunteers!

Thank you for giving your time to help support older adults and adults with disabilities in Waukesha County! The impact of your gift will be felt by all that you serve.



Volunteer Needs

Assist with mail/bills

- A New Berlin client who is affected by visual impairment is in need of a weekly volunteer to go through mail and pay bills that he cannot do online. Occasional online assistance needed. Client has a cat.

Snow Removal

- We are beginning to accept volunteers interested in snow removal for the upcoming winter. You'll be paired with a client for the season and will remove snow as needed. If interested, please reach out to erasvolunteer@eras.org.

Minor Home Repairs

- Delafield client - sanding and staining 2 Adirondack chairs, 2 outdoor railings (1st floor: 10 ft railing, and 2nd floor: 20 ft. railing) in need of sanding and staining.
- Waukesha client - sanding deck (client does not have sander).
- Waukesha client - finish painting front railing.
- Waukesha client- stain wheelchair ramp.
- Waukesha client - help with ordering Spectrum internet, setting up email, computer, and cable tv.

Friendly Visiting

Our client is a 97 year old Waukesha client. She is seeking a female volunteer of any age to visit during the week twice a month in the mornings. She describes herself as sometimes quiet and enjoys being with family. She loves reading happy stories and spending time outdoors watching the birds. Her current interests are following current events/news, older movies, listening to Ballroom and Christian music, and playing Rummikub/Kienasta. Past interests included crocheting, traveling, and dancing. In the past, she worked as a nurse in a hospital and assisted in the family bakery business.

Our 85 year old client lives in Oconomowoc. She would prefer a female volunteer of any age, who could visit twice a month in the afternoons. She has a preference for weekends, but weekdays could work as well. If there is a volunteer who would be able to bring their dog with them during visits, she would enjoy that as she misses having a dog. She describes herself as an active person. Present interests include spending time outdoors, reading (historical novels, classics, Harry Potter, mysteries, humor), crafting homemade birthday cards, and TV programs (science fiction, comedies, *Blue Bloods*, and the *Great British Baking Show*). She likes to cook/bake and has an interest in food crafting. She enjoys games (Bridge, King's Corners, Banana Gram, and Scrabble). Her past interests included traveling up to her cottage up north, hunting, fishing, time with her horses, and picking berries in summer months.

Our client is a 74 year old woman that lives in Sussex. She is interested in receiving friendly visits from a female volunteer between the ages of 50-70, but would be accepting of other ages. The ideal volunteer could provide weekly late morning visits, but she is open to a schedule based on the volunteer's availability. She recently moved to the area and is no longer driving. She is feeling isolated as she is challenged with a visual impairment which further impacts her ability to go out (especially in winter). Her spouse passed away within the past few years. She describes herself as a friendly person. She enjoys playing any games or cards such as Scrabble and Sheephead. She enjoys TV and doing crossword puzzles. She came from a large family and enjoys talking about family. In the past, she liked to read, crochet, and do oil painting. She is a smoker.

Our client is a 76 year old Waukesha client. A female volunteer age 30 or older is preferred. Thursday or Friday afternoon/evening visits are preferred, or a weekend in the afternoon. This client lives with her daughter and has a cat. She is pleasant and enjoys being with people. She is affected by frontal lobe dementia and has no memory loss or behaviors. She at times has difficulty with communication, may mix up response of "yes" or "no", but will correct herself if given the time. Client enjoys being around family, going up North with her daughter, and fishing. Interests include games (Yahtzee, Uno), having her fingernails painted, sitting outdoors or taking a wheelchair tour around the river (uses wheelchair rather than walker for longer distances), craft projects (they have craft kits), and brain function books. She can walk shorter household distances with a walker. Visits would be coordinated with the client's daughter. Her daughter works from home so she is available if needed or to address questions while volunteer is visiting. Her daughter can transfer the client into a wheelchair if the volunteer would like to take her outdoors.

Our client is 60 year old woman and lives in an independent apartment in Mukwonago. This client has supportive services throughout the week as she lives alone. Her family is attentive and involved. She would enjoy a volunteer between the ages 55 and 70 to visit weekly either weekdays or weekends. This client has forgetfulness and difficulty with word finding. She describes herself as friendly and active. This client used to be a mental health counselor and loves having conversations, although finding the right words are hard for her at times. She enjoys the outdoors and spending time with family. This client has a small dog named Simba that is mild mannered. She enjoys watching the show *Law and Order* and movies with Johnny Depp. Past activities/interests are more challenging at this time due to memory impairment. Past interests were baking (if the volunteer did this would need to check with daughter on supplies needed or bring supplies), current events, and reading the newspaper (short information may be good to share, but long stories could be hard for her to follow). She enjoys all music genres especially the oldies. Client moved to the area from Oshkosh earlier this year to be closer to daughter. She is very sad about her circumstance and is seeking a visitor to increase socialization. The volunteer should have an

understanding of working with someone with impaired short-term memory and will need patience and understanding. The volunteer would coordinate visits with the client's daughter who is responsible for coordinating the client's care.

Eras Senior Network's Santa Run 2022

Registration is now open for our Annual Santa Run & Walk scheduled for Sunday, December 4th, 2022.

The 2022 Santa Run & Walk will use a new route designed to keep participants and volunteers on a pedestrian-only route. The route will loop twice around the Frame Park walkway, beginning and ending at the Rotary Building, located at 1150 Baxter Street. This results in a 3.5-mile route.

Registration is \$35 for Adults and \$25 for Students through November 30th. Pricing is the same for in-person and virtual options.

For more information [click here!](#)

Holiday Giving Program 2022

Thank you very much to all who volunteered for and donated to our Holiday Giving Program in 2021. With so many generous donations from partners throughout Milwaukee County and Waukesha County, we provided 880 low-income older adults with self-sufficiency care packages valued at \$55 each. These packages included gift cards to local grocery stores and pharmacies, a book of stamps, and a hand-decorated holiday card.

We hope to continue bringing a bit of holiday cheer to clients in need this December with the help of the community and our local partners. Due to the uncertainties of COVID-19, we will be mailing our gifts again this year and focusing on the most basic needs. Below is our wish list:

- Books of Forever Postage Stamps
- \$10 Walgreens Gift Cards
- \$10 Pick 'n Save Gift Cards
- \$10 Walmart Gift Cards

Unwrapped items and funds collected to purchase gifts are due by December 12th, 2022. Checks can be made to Eras Senior Network – please include “Holiday Giving” in the memo line.

Mailing Your Donation: Donations of items or funds to purchase items can be mailed to:
Eras Senior Network (Attn: Deb Block)
2607 N Grandview Blvd Suite 150
Waukesha, WI 53188

Dropping Off Your Donation or Scheduling a Pick-Up:

Waukesha County: Donations may be dropped off at our Waukesha office (same address as above) Monday through Friday between 8:30 am and 4:30 pm. To schedule a drop-off at the Waukesha office, please reach out to Deb Block at Debra.Block@Eras.org.

Milwaukee County: Donations may be dropped off at our Milwaukee County office located at St. Alphonsus Parish in Greendale (5960 W Loomis Road, Greendale, WI 53129) between 9:00 am and 4:00 pm Monday through Friday. To schedule a drop-off at St. Alphonsus in Greendale, please reach out to Vicki Henning at Vicki.Henning@Eras.org to schedule a time.

Thank you for your consideration in supporting our Holiday Giving Program! Please contact Deb Block at Debra.Block@eras.org or (262) 522-2409 with any questions or click [HERE](#) to learn more.

Have you submitted your hours?

Help us each month by reporting your hours. It's one of the ways we stay funded! Submit your hours on our [website](#) OR [email](#) them to us!

**Pen Pals and School Tutors do not need to submit hours. They are tracked by letters written and sign in sheets. If you have questions about submitting hours please [contact us](#).



Eras Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

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