

## Attachments

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 [15072021121617 Exploring Caregiver and Patient Support During the Inpatient Discharge Process.pdf](#)

 [15072021121617 SummitWoods FarmersMarket Flyer 2021.pdf](#)

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[VOLUNTEER](#) [DONATE](#)

July 2021



### Get to Know Our Board of Directors

Each member of Eras Senior Network's Board of Directors has a deep connection to our mission and a strong desire to help our organization make an impact in the lives of older adults and adults with disabilities.

This month, learn more about our Board Vice President, Shay Sherfinski.



## Shay Sherfinski

Employee Benefits Consultant  
R&R Insurance Services, Inc.

### Board Vice President Bio

#### Why did you choose to get involved with Eras Senior Network?

As a valued client of mine, I got to see firsthand the terrific work and support Eras provides to seniors in Waukesha and Milwaukee County. Part of my college degree included an emphasis in geriatrics, I have had a focus on aging and the senior community throughout my life.

#### Who is a meaningful senior in your life?

My husband's grandmother is 95 years old. Recently moved into an Assisted Living facility. This year with COVID has been tough. We have not been able to visit her like we would like to (due to restrictions) so we make sure we reach out via phone to touch base and connect. She is a kind, wonderful woman.

#### Outside of your work and board service, how do you like to spend your time?

I love being outdoors. I enjoy time with my husband (and dog) hiking and camping. I am also an avid gardener. I love to 'tinker' in my yard. I also enjoy music – listening to albums with my husband and enjoying time by our koi pond.



DO YOU OR SOMEONE  
YOU KNOW NEED AN

**AT-HOME  
COVID-19  
VACCINE?**



## COVID-19 Vaccines for Homebound Individuals

Healthy Homes, Milwaukee County's at-home COVID-19 vaccination program, is designed to meet the needs of individuals who have difficulty leaving their homes. Any Milwaukee County resident who has difficulty leaving their home is eligible, including people who need the help of another person or medical equipment and those whose medical provider believes their health or illness may worsen if they leave their home.

Please share this important information with your congregations, social groups, and communities so that older adults and adults with disabilities looking to get a COVID-19 vaccine can have access to one.

To learn more or to schedule an appointment for you or someone you know, call (414) 257-7468 or click [HERE](#).

## Exploring Caregiver and Patient Support During the Inpatient Discharge Process

Eras Senior Network is partnering with Froedtert Health and the Medical College of Wisconsin (MCW), the University of Wisconsin-Milwaukee (UWM), and the Aging & Disability Resource Center of Waukesha County on a research study to better understand the current inpatient discharge process and experience for patients, families, and providers. A clear understanding of the discharge process is critical to ensuring that the transition from hospital to home or other care settings is safe and accurate.

To learn more, see PDF attached to this email.

## Welcome Amera, Our New Milwaukee County RSVP Director

Amera Schaefer started here at Eras in mid-June as our new Milwaukee County RSVP Director. Amera has recently moved back to Wisconsin from Indianapolis. In Indianapolis, she worked with nonprofits to improve operational efficiencies, follow volunteer management best practices, and build partnerships to support cross-sector collaboration and enable communities to guide the planning and solutions for their neighborhoods. She is looking forward to supporting and empowering Milwaukee County senior communities through the impactful volunteer opportunities Eras Senior Network offers.

Amera works out of the YWCA office along with Melva Darrough, RSVP Volunteer Coordinator, and Gabby Huff, our new Milwaukee County Volunteer Coordinator.

You can contact Amera at (414) 488-6781 or [Amera.schaefer@eras.org](mailto:Amera.schaefer@eras.org).





## Welcome Gabby, Our New Milwaukee County Volunteer Coordinator

Gabriella "Gabby" Huff joins Eras Senior Network as our new Volunteer Coordinator for Milwaukee County this month. Gabby has a bachelor's degree in Sociology and comes with impressive experience in national service programs, including Peace Corps and AmeriCorps, and most recently worked for the Girl Scouts Southeastern Wisconsin. In her free time, she loves to run, listen to podcasts, travel, and meet new people. She is very excited to be a part of our team and support the Eras mission. Gabby will work out of the YWCA office.

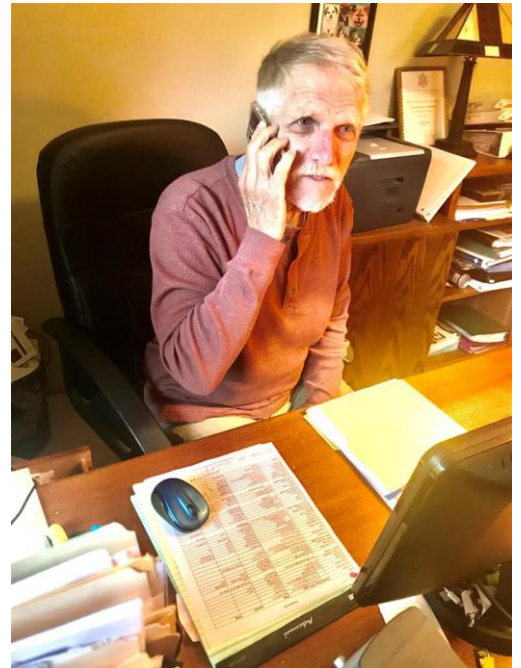
You can contact Gabby at (414) 488-6512 or [Gabby.Huff@Eras.org](mailto:Gabby.Huff@Eras.org).

## Volunteers Needed for Friendly Phone Call Program

Many of our student volunteers have gone home for the summer, growing our need for volunteers to place calls as a part of our Friendly Phone Call Program.

The Friendly Phone Call Program seeks to decrease social isolation and reduce the feelings of loneliness in our senior clients. Though guidelines are constantly changing regarding COVID-19, the Friendly Phone Call Program allows clients a safe and consistent way to socially engage with others from the comfort of their own homes.

If you or someone you know is interested in becoming a volunteer, please contact Marisa Strothenke at [Marisa.Strothenke@Eras.org](mailto:Marisa.Strothenke@Eras.org) or (262) 522-2402.



## Join Us at This Year's Annual Tapestry Event and Fundraiser

*Virtual Event*

# *Annual Tapestry Event and Fundraiser*

**Thursday, September 30, 2021**

Live music starting at 5:30 PM | Program 6:00 - 7:00 PM



Our Annual Tapestry Event and Fundraiser will be going virtual again in 2021. We invite you to join us on September 30th for music, a short program, and two entertaining breakout sessions. Funds raised support the programs of Eras Senior Network, serving over 2,600 older adults and adults with disabilities in Milwaukee County and Waukesha County.

Online registration is free and available now! Click [HERE](#)

We are also seeking donations for our silent auction. Your support helps us ensure our programming is available for local seniors and adults with disabilities. Please click [HERE](#) for more details on how to donate to our auction.

If you are interested in seeing our Amazon Wish List for the Tapestry Event, please connect with Becca Snow at (262) 522-2409 or [Becca.Snow@eras.org](mailto:Becca.Snow@eras.org).

## **Holiday Giving Program 2021**

Even amid a pandemic, last year's Holiday Giving Program was a huge success! With so many generous donations from partners throughout Milwaukee County and Waukesha County, we were able to provide 890 low-income seniors with self-sufficiency care packages valued at \$60 each. These packages included gift cards to local grocery stores and pharmacies, a book of stamps, and a hand-decorated holiday card.

We hope to continue bringing a bit of holiday cheer to clients in need this year with the help of the community and our local partners. Due to the



uncertainty of COVID-19, we will be mailing our gifts again this year and focusing on the most basic needs. Below is our wish list:

- Books of Forever Stamps
- \$10 Walgreens Gift Cards
- \$10 Pick 'n Save Gift Cards
- \$10 Walmart Gift Cards

Unwrapped items and money collected to purchase gifts are due by December 13<sup>th</sup>, 2021.

**Mailing Your Donation:** If you are able to mail your donation to us, please do so to help with social distancing.

Donations of items or funds to purchase items can be mailed to:

Eras Senior Network (Attn: Becca Snow)

2607 N Grandview Blvd Suite 150

Waukesha, WI 53188

**Dropping Off Your Donation or Scheduling a Pick-Up:**

**Waukesha County:** Donations may be dropped off at our Waukesha office (same address as above) Monday through Friday between 8:30 am and 4:30 pm. Please note, during this time, all visitors entering the office building and Eras suite are required to wear a face covering. We are happy to coordinate a curbside pick-up if you would prefer to remain in your vehicle.

**Milwaukee County:** Donations may be dropped off at our Milwaukee County office located in the YWCA between 9:00 am and 5:00 pm. Please reach out to [Vanessa.Harris@Eras.org](mailto:Vanessa.Harris@Eras.org) to schedule a time for your drop-off. Please note, all guests entering the YWCA are asked to wear a mask at this time. We are happy to accommodate a curbside pick-up if you would prefer to stay in your vehicle.

Eras Senior Network c/o YWCA

Attn: Vanessa Harris

1915 N. Doctor MLK Dr.

Milwaukee, WI 53212

Thank you for your consideration in supporting our Holiday Giving Program! Please contact Becca Snow at (262) 522-2409 or [Becca.Snow@Eras.org](mailto:Becca.Snow@Eras.org) with any questions or click [HERE](#) to learn more.



## Read Our 50 Plus News Magazine March Article: Your Voice is Important

Each month, Eras Executive Director, Kathy Gale, shares an article with 50 Plus News Magazine. This month, learn how Eras is helping researchers at the Medical College of Wisconsin, University of Wisconsin-Milwaukee, and Froedtert Health understand how older adult patients experience the process of being discharged from the hospital, and how caregivers experience discharge too.

[CLICK HERE](#) to read the article.

**Important Information from our Partners**  
**Farmers Market at Summit Woods**

SUMMER 2021 OUTDOOR  
**FARMERS**  
**MARKET**

July 1, July 15, July 29, August 12, August 26  
9am - 12pm | 2501 Summit Ave., Waukesha  
*Please enter Summit Woods off of University Drive.*

Our partners at Summit Woods will be hosting multiple outdoor farmers' markets throughout the summer. Enjoy a variety of fresh produce, canned goods, soaps, and more! Please see attached flyer for more details.

### Can We Virtually Connect With You?

During this time, we are refraining from in-person meetings and presentations but would still love to connect with you!

- We are happy to present about our volunteer opportunities and services over Zoom. We are also now presenting our S.T.O.P. Senior Frauds and Scams presentation virtually.
- Would you like to talk one-on-one about how Eras Senior Network can provide support for older adults in your congregation or community group? We would be happy to set up a telephone or video call.



**Milwaukee County:**  
Vanessa Harris  
Milwaukee County  
Outreach Manager  
(414) 488-6780  
[Vanessa.Harris@Eras.org](mailto:Vanessa.Harris@Eras.org)



**Waukesha County:**  
Heather Uzowulu  
Development Director  
(262) 522-2404  
[Heather.Uzowulu@Eras.org](mailto:Heather.Uzowulu@Eras.org)

### Eras Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

(414) 488-6500 • (262) 549-3348 • [Eras.org](http://Eras.org)



