

May 2021



Become a Volunteer Driver for Eras Senior Network

Volunteer drivers at Eras make it possible for local seniors and adults with disabilities to get to their medical appointments, as well as providing a way for clients to receive groceries and food pantry stock boxes through contactless delivery.



The pandemic has affected the number of volunteers able to help, but those with the capacity to continue volunteering have gone above and beyond to support our clients. Many volunteers have taken on double - or even triple - their normal amount of rides to ensure our clients receive the services they need.

Eras is looking for more drivers to help keep rides manageable for our current volunteers.

Click [HERE](#) to view our short video to learn more about our volunteer driving program. If you or someone you know is interested in becoming a volunteer, please contact:

Milwaukee County: Joey Jackson-Streeter at Joey.Jackson-Streeter@eras.org or (414) 488-6505

Waukesha County: Marisa Strothenke at Marisa.Strothenke@Eras.org or (262) 522-2402



Make a Difference Day Featured on CBS 58

Last month on April 17, Eras volunteers and students from UWM and Marquette University helped prepare clients' homes for spring. You can click [here](#) to read more and watch the CBS 58 segment about Make a Difference Day.

Tasks included raking leaves, trimming bushes, and clearing their patios. The day was a great success and took away a huge burden for many older adults. Without help, many seniors potentially put themselves at risk when attempting outdoor cleaning on their own. Falls can be devastating for seniors resulting in hospitalizations and loss of independence.

Eras is happy to share that we have successfully matched those in need of yard clean with interested volunteers. Thank you to everyone who helped with this year's Spring Yard Clean Up. Your service and support helps keep our seniors safe!

Join Us At This Year's Annual Tapestry Event and Fundraiser



Annual Tapestry Event and Fundraiser

Thursday, September 30, 2021

Live music starting at 5:30 PM | Program 6:00 - 7:00 PM



Our Annual Tapestry Event and Fundraiser will be going virtual again in 2021. We invite you to join us on September 30th for music, a short program, and two entertaining breakout sessions. Funds raised support the programs of Eras Senior Network, serving over 2,600 older adults and adults with disabilities in Milwaukee County and Waukesha County.

Online registration is free and available now! Click [HERE](#)

Seeking Auction Items for Tapestry Fundraiser Event

All funds raised at the Tapestry Event, our biggest fundraiser of the year, support our programming for local seniors and adults with disabilities. The 2021 event will be held on Thursday, September 30, 2021. Please consider donating items for this event.

Silent Auction Item Ideas (Valued \$100 - \$200)

- Popular gadgets (air fryer, Fitbit, iPad, Dyson)
- Gift certificates/cards (restaurant, massage, car detailing, Door Dash)
- Gift cards for future travel (Airbnb, Southwest Airlines)
- Workout equipment (dumbbells, yoga mat)
- Basket of local favorites (cheese, beer, wine, spices)
- Jewelry
- Handmade quilts and artwork

Live Auction Item Ideas (Valued \$500+)

- Use of cabin or other vacation property
- Patio sets for garden, deck, or porch
- Tickets or box seats to a future sporting event or show
- Culinary Experience (Chef-made meal for 8, exclusive tour of restaurant with dinner)
- Unique Experience (Hunting or fishing with a pro, backstage tour, celebrity meet and greet)

Thank you for your consideration. Every donation helps get us closer to our fundraising goal and continues to support our programs. If you have questions or would like to donate, please contact Development Manager Becca Snow at (262) 522-2409 or at Becca.Snow@eras.org.

Read Our 50 Plus News Magazine March Article: Your Mental Health



Each month, Eras Executive Director, Kathy Gale, shares an article with 50 Plus News Magazine. This month's article focuses on the importance of caring for our mental health.

[CLICK HERE](#) to read the article.

May is Older Americans Month

This month we celebrate the strength of older adults in Milwaukee County and Waukesha County, and how our local seniors play an important and integral role in building up our communities. Be it our clients, our volunteers, our partners, Advisory Council members, or longtime donors, Eras Senior Network and the surrounding community is made stronger through the passion and dedication of our senior neighbors.

If your congregation or corporation has the capacity to do so, please consider hosting a collection to help support Eras and local area seniors in honor of Older Americans Month.



Important Information from our Partners

2021 Wellness Symposium



The Milwaukee County DHHS-Division on Aging and AARP Wisconsin present the 2021 Wellness Symposium on May 26, 2020 from 8:30am – 11:00am.

This virtual event will focus on building connections and strengthening the network of agencies and individuals working towards better health for older adults.

Speakers include:

- Keynote: Carrie Molke, Director of the Bureau of Aging and Disability Resources in the Wisconsin Department of Health Services (DHS)
- Opening Remarks: Milwaukee County Executive, David Crowley
- Breakout Speakers: Lynn Greb, Recreation Director for Milwaukee Recreation, Dave Nelson, WIHA Executive Director and Mike Lappen, BHD Administrator, Milwaukee County DHHS Behavioral Health Division

This event is no cost, **but you must preregister by May 20** at bit.ly/MKEWellness2021

Health Awareness in May

The month of May has multiple health awareness initiatives happening. See below for some helpful links and information on how to stay healthy and informed this spring.

National Stroke Awareness Month:

- [Know the Facts About Stroke](#)
- [Resources for Preventing a Stroke](#)

Arthritis Awareness Month:

- [Vital Arthritis Signs](#)
- [Arthritis Basics](#)

Healthy Vision Month:

- [Learn About Eye Health](#)

Can We Virtually Connect With You?

During this time, we are refraining from in-person meetings and presentations but would still love to connect with you!

- We are happy to present about our volunteer opportunities and services over Zoom. We are also now presenting our S.T.O.P. Senior Frauds and Scams presentation virtually.
- Would you like to talk one-on-one about how Eras Senior Network can provide support for older adults in your congregation or community group? We would be happy to set up a telephone or video call.



Milwaukee County:

Vanessa Harris
Milwaukee County
Outreach Manager
(414) 488-6780
Vanessa.Harris@Eras.org



Waukesha County:

Heather Uzowulu
Development Director
(262) 522-2404
Heather.Uzowulu@Eras.org

Eras Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

(414) 488-6500 • (262) 549-3348 • Eras.org

