






Attachments

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VOLUNTEER

DONATE

April 2022



Partake in Our Tapestry Event's Online Auction

Can't attend our Tapestry Event in person? You can still participate in our silent auction using our mobile bidding option! Visit our [event page](#) to learn more. Auction opens on Monday, April 25th at noon and closes at 6:30pm on Thursday, April 28th.

Please direct any questions to Becca Snow, Development Manager, at Becca.Snow@Eras.org or by calling (262) 522-2409.



Volunteers Needed for Spring Yard Clean Up

Eras is seeking volunteers to clean the yards of local seniors and adults with disabilities in Milwaukee County and Waukesha County this spring. Duties include: raking leaves, cleaning flower beds, pulling weeds, trimming bushes, cleaning gutters, placing lawn furniture, installing window screens, washing windows, etc.

This is a great opportunity for families, church groups, employee volunteering days, or individuals!

If you are interested in helping or have any questions, please contact Suzy Endres at (414) 488-6930 or Suzanne.Endres@Eras.org.

Celebrate Earth Day - Harambee Neighborhood Clean Up

Eras is partnering with other local organizations to clean up the Harambee neighborhood on Earth Day, Friday, April 22nd.

Volunteers will be assigned a group and given a map, garbage pickers, and garbage bags to help clean up their designated areas. Details are as follows:

- **Volunteer Meeting Location:** Pete's Fruit Market at 2323 N. Dr. Martin Luther King Jr Drive, Milwaukee, WI 53212
- **Event Date:** Friday, April 22nd, 2022
- **Event Time:** 11 am - 3 pm - Volunteers should arrive by 10 am to help set up.

Please see the attached flyer for more details on how you can help!

Contact Freda Wright at (414) 488-6927 or Freda.Wright@Eras.org with any questions or concerns.

Golden Idol Senior Talent Auditions Returns

Do you want the chance to perform at Summerfest?

Direct Supply is proud to host Golden Idol! A talent showcase for seniors ages 55 and up. Select participants will go on to perform during Seniorfest Day at Summerfest on July 7th.

Auditions will be 100% virtual this year and applications are by due Friday, April 29th. Please see the attached flyer for more information.

For questions, please contact
CommunityInvolvement@DirectSupply.com



Volunteers Needed for United Way's Very Own Library

United Way is partnering with Scholastic to host a series of free book fairs for students in Milwaukee and Waukesha public schools. Volunteers are needed to help students select their books! There are multiple dates, times, and locations available to help.

2022 Spring Book Fairs

Monday, May 2 – Wednesday, May 4

7:45 am – 3:00 pm

Shift dates and times vary by school

Sign up [HERE!](#)

Volunteers will:

- Help students pick out books
- Help keep books organized
- Assist with the check-out process of FREE books
- Assist in other areas as needed

To volunteer for this event, full vaccination status is required (including being up to date with boosters when eligible). After you register, a United Way staff member will reach out to share the process for confirming your vaccination status.

Questions? Contact Sydney Radandt at (414) 837-3558 or by [email](#)

Important Information From Our Partners

Dementia Presentations 2022 (Milwaukee County)

Milwaukee County has a number of educational events regarding dementia and caring for a loved one with dementia. These presentations will be conducted virtually through Microsoft Teams with some being shown at OASIS Senior Center for in-person viewing. OASIS Senior Center is located at 2414 W. Mitchell St, Milwaukee.

For more information or to register please call 414-647-6065.

Stand Up & Move More (Milwaukee County)

This workshop is designed to help adults reduce sitting time by standing up and moving more. Sessions take place in a group setting where participants identify barriers to standing more and discuss strategies to increase their standing time. Based on a researched and tested program, Stand Up is shown to: reduce sedentary behavior by 68 minutes per day, reduce problems performing daily activities, reduce pain interference and intensity, improve functional performance, improve vitality and improve general overall health. The program meets once a week for four weeks, followed by a Booster Session at Week 8.

Greenfield Community Center

Tuesdays, 1:30-3:30 p.m.

June 7 - June 28 with Booster Session on July 26

7215 West Cold Spring Road, Greenfield

To register call: (414) 207-2488

Greenfield City Hall

Wednesdays, 9:30 am - 11:30 am

June 22 - July 13

7325 West Forest Home Avenue, Greenfield

To register call: (414) 329-5270

Milwaukee County Memory Cafes (Milwaukee County)

Memory Cafés are a chance for those with early memory loss and their caregivers to socialize, laugh, share stories, and build new connections. A Memory Café has no real agenda or stated purpose except to enjoy each other's company. Cafés provide a time

where you do not need to focus on the diagnosis while having a great time connecting with each other as a family or creating new friendships.

For information on dates and locations please visit the Wisconsin's Family Caregiver Support Program [website](#).

Celebrate Earth Day with Cudahy Place Senior Living

Join Cudahy Place Senior Living on April 22 for their free sapling tree giveaway in honor of Earth Day!

Cudahy Place Senior Living

Friday, April 22, 2022

8:00 AM-12:00 PM

3460 E. Barnard Ave.

Cudahy, Wi. 53110

For more information please call 414-509-7228.



Turn in your unused or expired medication for safe disposal

Drive-Thru Drug Collection
Saturday, April 30, 2022
10 a.m.-2 p.m.

You CAN bring: Prescription medication, over-the-counter medication, ointments, sprays, inhalers, creams, vials, herbals and pet medications

**Unused, unopened and non-expired medications may be collected with participant consent to be given to individuals with cancer or chronic disease who do not have insurance or are underinsured.*

DO NOT BRING: Biohazardous materials, mercury, household hazardous waste and personal hygiene products

Locations

Froedtert Menomonee Falls Hospital
W180 N8085 Town Hall Rd.,
Menomonee Falls (enter driveway B)

Moorland Reserve Health Center
4805 S. Moorland Rd., New Berlin

In partnership with



May is Older American Month

Every May, the Administration for Community Living leads the nation's observance of Older Americans Month. The 2022 theme is *Age My Way*, an opportunity for all of us to explore the many ways older adults can remain in and be involved with their communities.

With the help of our many volunteers, Eras has been able to help older adults in Milwaukee County and Waukesha County stay in their homes and age in a way that's comfortable for them. Because of the services our volunteers provide, seniors have the option to continue living independently and contribute to their communities.

If your congregation or corporation has the capacity to do so, please consider hosting a collection next month to help support the programs of Eras Senior Network and local area seniors in honor of Older Americans Month.

OLDER AMERICANS MONTH



AGE MY WAY: MAY 2022

50 Plus News Magazine: National Health Care Decisions Day



Each month, Eras Executive Director, Kathy Gale, shares an article with 50 Plus News Magazine. This month's article focuses on National Health Care Decisions Day which is held every year on April 16th.

[CLICK HERE](#) to read the article.

We'd Love to Connect With You: Virtually or In-Person!

We have started meeting with our community partners in person again. Our staff will continue to wear masks while inside but are happy to be able to bring our in-person programming back to the community.

- **Eras Presentation:** We would love the opportunity to present information about Eras Senior Network during a church service or small group gathering.
- **S.T.O.P. Senior Frauds and Scams Presentation:** Learn about popular scams targeting the senior population during our 1-hour presentation for seniors and caregivers.
- **Meeting With You:** Would you like to talk one-on-one about how our organization can provide support for older adults in your congregation or community group? We would be happy to set up a telephone call, video call, or in-person meeting.
- **Booth at Event:** We would love to share our resources with the community by having a booth at your event or church service.



Milwaukee County:
Vanessa Harris
Milwaukee County
Outreach Manager
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Waukesha County:
Heather Uzowulu
Development Director
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Eras Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

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