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VOLUNTEER

DONATE

October 2021



Get to Know Our Board of Directors

Each member of Eras Senior Network's Board of Directors has a deep connection to our mission and a strong desire to help our organization make an impact in the lives of older adults and adults with disabilities.

This month, learn more about Board Member, Carey Provan.



Eras
SENIOR NETWORK

Carey Proulx

Project Management Office
Applications Manager
Godfrey & Kahn

Board of Directors Bio

Why did you choose to get involved with Eras Senior Network?

As meaningful people in my life are in their senior years, it is important to me to understand our senior community. Being on the board of directors enables me to become an integral part of solving problems and making a positive impact in our community.

Who is a meaningful senior in your life?

Aging can be intimidating. My parents and my in-laws lead by example as they embraced their age as strong, caring and faithful seniors. Their experiences are to be shared with others.

Outside of your work and board service, how do you like to spend your time?

Travel with my family, outdoor activities and working out.





Seeking Fall Yard Clean-Up Volunteers

This fall, we will need many volunteers to help local seniors and adults with disabilities prepare their yards for winter.

Duties include: raking leaves, cleaning flower beds, pulling weeds, trimming bushes, cleaning gutters, storing lawn furniture, washing windows, etc.

Right now, we are still following our COVID-19 procedures which include wearing a mask at all times while serving, remaining at least 6 feet away from others, and limiting the group size to no more than 4 volunteers per home.

If you are interested in helping and haven't registered yet, please contact:

Milwaukee County: Suzy Endres at Suzanne.Endres@eras.org or (414) 488-6930

Waukesha County: Marisa Strothenke at Marisa.Strothenke@Eras.org or (262) 522-2402

Become a Volunteer Driver for Eras Senior Network

Volunteer drivers at Eras make it possible for local seniors and adults with disabilities to get to their medical appointments, as well as providing a way for clients to receive groceries and food pantry stock boxes through contactless delivery.

The pandemic has affected the number of volunteers able to help, but those with the capacity to continue volunteering have gone above and beyond to support our clients. Many volunteers have taken on double - or even triple - their normal amount of rides to ensure our clients receive the services they need.



Eras is looking for more drivers to help keep rides manageable for our current volunteers.

Click [HERE](#) to view our short video to learn more about our volunteer driving program. If you or someone you know is interested in becoming a volunteer, please contact:

Milwaukee County: Gabby Huff at Gabby.Huff@eras.org or (414) 488-6781

Waukesha County: Marisa Strothenke at Marisa.Strothenke@Eras.org or (262) 522-2402

Volunteers Needed - Grocery Assistance

Along with drivers, Eras is looking for volunteers to assist clients with grocery shopping. We need volunteers to:

- Drive clients to the grocery store
- Assist clients with carrying bags
- Accompany clients while they shop to help read labels, and select items
- Shop for clients and deliver their groceries to their homes

Right now, we are still following our COVID-19 procedures which include wearing a mask at all times while serving and interacting with clients. If you or someone you know is interested, please contact:

Milwaukee County: Gabby Huff at Gabby.Huff@eras.org or (414) 488-6781

Waukesha County: Marisa Strothenke at Marisa.Strothenke@Eras.org or (262) 522-2402



Eras Senior Network's 2021 Santa 5K Run & Walk

Registration is open for our 13th Annual Santa 5K Run & Walk scheduled for December 5th, 2021.

You can participate in this year's event in person in downtown Waukesha OR virtually with our Run-Your-Own-Route option.

Registration for the in-person or virtual race is \$20 for students (0 to 23) and \$30 for adults now through November 24th. [Click here to learn more and register.](#)

We are also looking for volunteers to help day-of with set up, tear down, refreshments, same-day registration, and guides stationed along the route. This event is perfect for

groups from your work, church or school to get involved with. Contact Marisa at (262) 522-2402 or Marisa.Strothenke@Eras.org to learn more.

Other questions? Contact Becca Snow at (262) 522-2409 or Becca.Snow@Eras.org.

Holiday Giving Program 2021

Even amid a pandemic, last year's Holiday Giving Program was a huge success! With so many generous donations from partners throughout Milwaukee County and Waukesha County, we were able to provide 891 low-income seniors (572 in Milwaukee County and 319 in Waukesha County) with self-sufficiency care packages valued at \$60 each. These packages included gift cards to local grocery stores and pharmacies, a book of stamps, and a hand-decorated holiday card.

We hope to continue bringing a bit of holiday cheer to clients in need this year with the help of the community and our local partners. Due to the uncertainty of COVID-19, we will be mailing our gifts again this year and focusing on the most basic needs. Below is our wish list:

- Books of Forever Stamps
- \$10 Walgreens Gift Cards
- \$10 Pick 'n Save Gift Cards
- \$10 Walmart Gift Cards

Unwrapped items and money collected to purchase gifts are due by December 13th, 2021.

Mailing Your Donation: If you are able to mail your donation to us, please do so to help with social distancing.

Donations of items or funds to purchase items can be mailed to:

Eras Senior Network (Attn: Becca Snow)
2607 N Grandview Blvd Suite 150
Waukesha, WI 53188

Dropping Off Your Donation or Scheduling a Pick-Up:

Waukesha County: Donations may be dropped off at our Waukesha office (same address as above) Monday through Friday between 8:30 am and 4:30 pm. Please note, during this time, all visitors entering the office building and Eras suite are required to wear a face covering. We are happy to coordinate a curbside pick-up if you would prefer to remain in your vehicle.

Milwaukee County: Donations may be dropped off at our Milwaukee County offices located in the YWCA and St. Alphonsus Parish in Greendale between 9:00 am and 5:00 pm. To drop off at the YWCA, please reach out to Vanessa.Harris@Eras.org to schedule a time. To drop off at St. Alphonsus in Greendale, please reach out to Vicki.Henning@Eras.org to schedule a time. Please note, all guests entering our offices are asked to wear a mask at this time. We are happy to accommodate a curbside pick-up if you would prefer to stay in your vehicle.

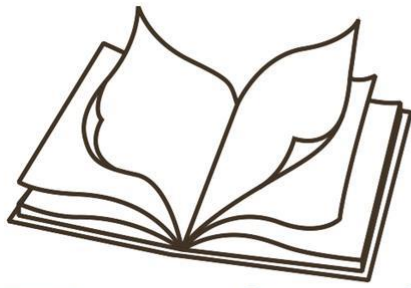
Eras Senior Network c/o YWCA

Attn: Vanessa Harris
1915 N Doctor MLK Drive
Milwaukee, WI 53212

Eras Senior Network
Attn: Vicki Henning
5960 W Loomis Road
Greendale, WI 53129



Thank you for your consideration in supporting our Holiday Giving Program! Please contact Becca Snow at (262) 522-2409 or Becca.Snow@Eras.org with any questions or click [HERE](#) to learn more.



Southeast
Wisconsin

Festival of Books

University of Wisconsin-Milwaukee at Waukesha

Southeast Wisconsin Festival of Books

happening Nov. 5 & 6

For the second year, the Festival of Books will be presented virtually, bringing together a talented collection of authors that everyone will enjoy. This year's theme "Pages, Passports, and Portals," reflects the ability of books and literature to transport the reader beyond their lived experiences.

New York Times best-selling author Elizabeth Berg will be the keynote speaker speaking with Milwaukee Journal Sentinel Book Editor Jim Higgins at 7 pm on her book, "I'll Be Seeing You".

[Click here to learn more!](#)

Your Medicare Stories Are Needed!

The history of Medicare in the United States dates to 1965 when President Lyndon B. Johnson signed into law the bill that created Medicare and Medicaid. Over the years, expansions have been made to Medicare to include people with disabilities and people with end-stage renal disease, and to offer more benefits such as prescription drugs. What started out as Part A and Part B is now known as "Original Medicare" and the prescription drug benefit is Part D.

Fifty-five years later, there are efforts in place to expand Medicare to include benefits for hearing, dental, and vision care. Senator Tammy Baldwin's office is looking for stories from Medicare beneficiaries to help other lawmakers understand the urgency of this request. Have you had to go without hearing, dental, or vision care, or do you know someone who needs these services? Consider telling your story by calling the Senator's office at (202) 224-5653 or visit the website at www.baldwin.senate.gov to send a message with your story.

Read Our 50 Plus News Magazine March Article: Stories for Hearing, Dental, and Vision Care



Each month, Eras Executive Director, Kathy Gale, shares an article with 50 Plus News Magazine. This month, we encourage Medicare beneficiaries to share their stories with Senator Tammy Baldwin.

[CLICK HERE](#) to read the article.

We'd Love to Connect With You: Virtually or In-Person!

We have started meeting with our community partners in person again. Our staff will continue to wear masks while inside but are happy to be able to bring our in-person programming back to the community.

- **Eras Presentation:** We would love the opportunity to present information about Eras Senior Network during a church service or small group gathering.
- **S.T.O.P. Senior Frauds and Scams Presentation:** Learn about popular scams targeting the senior population during our 1-hour presentation for seniors and caregivers.
- **Meeting With You:** Would you like to talk one-on-one about how our organization can provide support for older adults in your congregation or community group? We would be happy to set up a telephone call, video call, or in-person meeting.
- **Booth at Event:** We would love to share our resources with the community by having a booth at your event or church service.



Milwaukee County:
 Vanessa Harris
 Milwaukee County
 Outreach Manager
 (414) 488-6780
Vanessa.Harris@Eras.org



Waukesha County:
 Heather Uzowulu
 Development Director
 (262) 522-2404
Heather.Uzowulu@Eras.org

Eras Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

(414) 488-6500 • (262) 549-3348 • Eras.org

