



Community Newsletter

Engaging & Supporting Seniors During COVID-19

January 2023



Meet Eras Senior Network's New Interim Executive Director

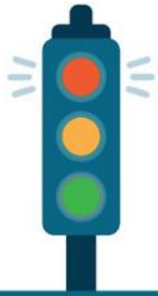
While we continue the search for a permanent Executive Director, we are so happy to have Steve Bauer join our team during this transition.

Steve has over 20 years of national nonprofit experience focusing on justice, equity, and leadership development. He just finished 11 years at the national office of Public Allies where he ultimately served as Chief of Staff and previously as Interim National CEO managing strategy, operations, finance, and board engagement.

Steve has led and grown major nonprofit sector-wide workforce and diversity initiatives including the Nonprofit Sector Workforce Coalition and the Initiative for Nonprofit Sector Careers.

Steve currently lives in Greenfield with his wife, two teenage sons, and two dogs.

S.T.O.P Senior Frauds and Scams: Emerging Scams in 2023



S.T.O.P. SENIOR FRAUDS & SCAMS



Funding provided by the Greater Milwaukee Foundation, Wisconsin Consumer Antifraud Fund



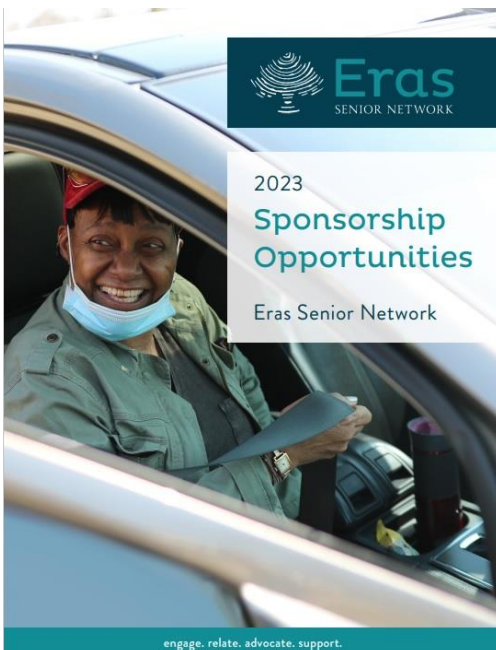
With a new year comes new scams. Many scam artists have taken to the internet to try and trick people out of their money and information. AARP recently published its top seven scams to watch out for in 2023. According to anti-fraud experts, these are the schemes you and your loved ones should be aware of:

1. Cryptocurrency-romance scam
2. Payday loan scam
3. One-time password (OTP) bot scam
4. Student loan forgiveness scam
5. Puppy purchase scam
6. Check washing scam
7. Free-gift QR code scam

To learn more about these individual scams and how to protect yourself [click here](#).

To schedule a S.T.O.P. Senior Frauds and Scams presentation for your group, please contact:

- Milwaukee County: Vanessa Harris, Vanessa.Harris@Eras.org, (414) 488-6780
- Waukesha County: Heather Uzowulu, Heather.Uzowulu@Eras.org, (262) 522-2404



Seeking Eras Event Sponsorships

We invite you to share our event and program sponsorship opportunities with companies you may be connected to – current employer, past employer, etc. Event sponsorships provide marketing benefits for our sponsors in addition to providing reliable funding for our programming. More information can be found [on our website](#).

Questions? Contact Heather Uzowulu, Development Director, at (262) 522-2404 or Heather.Uzowulu@Eras.org.

Thank you for helping us spread the word!

We Are Now Accepting Tapestry 2023 Auction Items!

We are so excited to host our 2023 Tapestry Event! Last year's in-person event was a huge success and we hope to do it again this spring. Please help us reach our fundraising goal by donating items for the in-person/online auction. All funds raised at the event support older adults in Milwaukee County and Waukesha County.

Silent Auction Item Ideas (Valued \$100 - \$200)

- Popular gadgets (Polaroid Camera, Apple Watch, Smart Security Camera)
- Gift certificates/cards for local restaurants, massages, car detailing, etc.
- Gift cards for future travel (Airbnb, Southwest Airlines)
- Gifts for kids (puzzles, collectibles, games)
- Workout equipment (dumbbells, yoga mat)
- High-quality handbags
- Experiences (nice restaurants, event tickets, theatre tickets, kids events)
- Basket of local favorites (cheese, beer, wine, spices)
- Handmade artwork, photography, quilts

Silent Auction or Live Auction Item Ideas (Valued \$500+)

- One-of-a-kind items (autographed sports memorabilia, etc.)
- Patio sets for garden, deck, or porch
- Use of cabin or other vacation homes (local or national)
- Vacation experience in Chicago or Wisconsin Dells
- Tickets or box seats to a sporting event or show (i.e. Marquette tickets, Packer tickets)
- Culinary Experience (Chef-made meal for 8, exclusive tour of restaurant with dinner)
- Unique Experience (Tour or behind-the-scenes experience, celebrity meet and greet, hunting or fishing with a pro)

If you have any questions or would like to donate, please contact Heather Uzowulu, Development Director, at (262) 522-2404 or Heather.Uzowulu@Eras.org.



Volunteers Drivers Needed

One ride a week could help make a difference in another older adult's life. Volunteers are essential in transporting older adults to and from dialysis, well visits, and other vital medical appointments.

Click here [If you or someone you know is interested in becoming a volunteer](#). You may also contact us through email at ErasVolunteer@Eras.org or by phone at (414) 488-6931.

Important Information From Our Partners

Living Well With Chronic Conditions (Milwaukee County)

Living Well With Chronic Conditions is an evidence-based workshop for people who have one or more chronic conditions. A chronic condition is an ongoing health problem or disease such as diabetes, heart disease, arthritis, and other long-term problems. Two trained leaders facilitate the workshops in a classroom style, but most of the learning comes from sharing and helping others with similar challenges. Workshops meet for 2-1/2 hours a week for six weeks.

St. Camillus

Fridays, 9:00 am - 11:30 am

January 20, 2023 - February 24, 2023

10100 West Bluemound Road

There is no cost for participation

To register call: [\(414\) 259-4681](tel:4142594681)

Stepping On: Fall Prevention Program (Milwaukee County)

Stepping On is a program proven to reduce falls and build confidence in older people. Participants gain specific knowledge and skills to prevent falls in community settings. It is designed specifically for people who are: at risk of falling, have a fear of falling, or have fallen one or more times.

Workshops are facilitated by trained leaders as well as professional guest speakers including physical therapists, pharmacists, vision specialists, and safety specialists. Stepping On workshops meet for two hours a week for seven weeks.

West Allis Senior Center

Thursdays, 10:00 am - 12:00 pm

January 26, 2023 - March 9, 2023

7001 West National Avenue, West Allis

No Cost

Register by phone at [\(414\) 302-8700](tel:4143028700)

Memory Screening: A Closer look at Memory Changes (Waukesha County)

Alice Baker Public Library Eagle

820 E Main St, Eagle, WI

Monday, January 23, 2023

1:00 pm - 4:00 pm

Mukwonago Community Library

511 Division St, Mukwonago, WI

Monday, January 30, 2023

9:00 am-Noon

Call Kathy Glaser at the Waukesha ADRC to schedule your memory screen at 262-548-7354

Savvy Caregiver Training: Increase Your Confidence, Knowledge, and Skills

Are you caring for someone with Alzheimer's disease or another form of progressive dementia? Savvy Caregiver is a proven curriculum developed by Dr. Kenneth Hepburn and colleagues at the University of Minnesota. Grounded in research this educational series teaches strategies, and practical real-world skills, and helps to reduce stress, both in the caregiver and the person for whom care is being provided.

Every Tuesday

January 17, 2023 - February 4th, 2023

1:00 pm - 3:00 pm

Virtual via Microsoft Teams

Please register by calling Jennifer Harders, at the ADRC - (262) 548-7650. For more information, contact the ADRC at (262) 548-7848 or jharders@waukeshacounty.gov

We'd Love to Connect With You: Virtually or In-Person!

We have started meeting with our community partners in person again. Our staff will continue to wear masks while inside but are happy to be able to bring our in-person programming back to the community.

- **Eras Presentation:** We would love the opportunity to present information about Eras Senior Network during a church service or small group gathering.
- **S.T.O.P. Senior Frauds and Scams Presentation:** Learn about popular scams targeting the senior population during our 1-hour presentation for seniors and caregivers.
- **Meeting With You:** Would you like to talk one-on-one about how our organization can provide support for older adults in your congregation or community group? We would be happy to set up a telephone call, video call, or in-person meeting.
- **Booth at Event:** We would love to share our resources with the community by having a booth at your event or church service.



Milwaukee County:

Vanessa Harris
Milwaukee County
Outreach Manager
(414) 488-6780
Vanessa.Harris@Eras.org



Waukesha County:

Heather Uzowulu
Development Director
(262) 522-2404
Heather.Uzowulu@Eras.org



Eras Senior Network

Milwaukee County Main Office: c/o YWCA, 1915 N Doctor MLK Jr Drive, Milwaukee, WI 53212

Waukesha County Main Office: 2607 N Grandview Boulevard, Suite 150, Waukesha, WI 53188

(414) 488-6500 • (262) 549-3348 • Eras.org

