Dear Volunteer,

Happy Holidays to all of our wonderful volunteers! Eras Senior Network wishes you and your loved ones a very happy and healthy holiday season. Thank you for everything you do.

Welcome to the Eras Team, New Volunteers!

Thank you for giving your time to help support seniors and adults with disabilities in Waukesha County! The impact of your gift will be felt by all that you serve.

Elise Rieder
Megan Schulz
Nadyah Kornfehl
Jim Sullivan
Sadie Emmer

Jim Mitchell
Ruth Tucker
Alex Walter
Steve Berg
Pat Bykowski

Jordan Vastag
Rick Tronnier
Janet Sullivan
Linda Kenney
Hailey Barbour
**Volunteer Needs**

**Special Driving Request:** Every Thursday for the past 5 years Robert has had the same volunteer driver pick him up from work at 2:30pm and take him to Pick N Save (on Capitol Drive in Pewaukee). Due to health concerns, Robert's on-going driver recently had to give up driving. Robert is a 40 year-old man who lives in Pewaukee and has autism. Autism refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech, and sometimes nonverbal communication. Robert is high-functioning, verbal, and able to do his own shopping. He is very detail-oriented and particular about times and schedule. A good volunteer for Robert would be someone who is very detail-oriented and punctual, as well as someone that can commit to picking him up at 2:30pm every Thursday. If you are interested in this opportunity, contact Spring at (262) 522-2407 or SpringK@ErasWaukesha.org.

**Friendly Visiting Opportunities:** We currently have two Eras Senior Network clients looking to be matched with a Friendly Visitor. Be a friend to a senior or an adult with a disability who is isolated and looking for someone to talk to. Opportunities are available to visit with clients on an ongoing basis. Please see the attached document to read more about the clients and their interests. If you are interested in any of these opportunities, contact Shannon at (262) 522-2405 or Shannon.Fogle@ErasWaukesha.org.

**Install Smoke Alarms and Grab Bars:** A client in Sussex is looking for a volunteer to install smoke alarms around her house and grab bars in her shower. If you are interested in this opportunity, contact Shannon at (262) 522-2405 or Shannon.Fogle@ErasWaukesha.org.

**Bathroom Painting:** A client in Oconomowoc is looking for a volunteer to help paint the walls and ceiling of their small bathroom. If you are interested in this opportunity, contact Shannon at (262) 522-2405 or Shannon.Fogle@ErasWaukesha.org.

**Kitchen and Bedroom Painting:** A client in Waukesha is looking for a volunteer to help finish removing wallpaper in her kitchen and bedroom. She is also looking for those walls to be primed and painted. If you are interested in this opportunity, contact Shannon at (262) 522-2405 or Shannon.Fogle@ErasWaukesha.org.

**Ceiling Painting:** A client in Muskego is looking for a volunteer to help paint their living room ceiling. If you are interested in this opportunity, contact Shannon at (262) 522-2405 or Shannon.Fogle@ErasWaukesha.org.

**School Volunteer Opportunities**

**Waukesha School District**
If interested in these opportunities, contact Corinn at (262) 522-2403 or CorinnM@ErasWaukesha.org.

**Reading Buddies Program – 1st grade**

- We are looking for volunteers to join the new Reading Buddies program at Summit View Elementary in Waukesha. Volunteers will read one-on-one or in small groups with 1st grade students during the Literacy Block in their schedule.
- **Note from Teacher:** Mrs. Kelley Gravencamp is looking for dedicated and caring adults to spend time reading with their students. You will listen to students read and potentially read to them as well; helping to reinforce some of their reading skills they are working on in class. “The main focus is to have our little learners read, read, read, and give them as many opportunities as possible to read while at school. (…) We have found that many of our students are not reading in their home environment.” The students vary in reading ability, but will all benefit from the extra reading.
- **Schedule:** Tuesdays, Wednesdays, and/or Thursdays 12:10-1:10pm – sign up for one or more days
- **Orientation:** Monday, December 9th, 9:00-10:00am

**Classroom Tutors and Helpers**

- Lowell Elementary – 4K Classroom Helper
  - Ms. Zagorski is looking for a volunteer to help out with reading, math, and/or other classroom help
  - Schedule is flexible
- Banting Elementary – 4th Grade Math Tutor
  - Schedule is flexible
Menomonee Falls School District
If interested in these opportunities, contact Dawn at (262) 617-8061 or DawnH@ErasWaukesha.org.

Math Tutor for 5th Grade ELL Student
- Valley View Elementary School in Menomonee Falls is in need of tutors to come in and work on basic math skills with a 5th grade student who is learning the English language. Volunteers can choose one or more shifts; 2:30-3:00 on Tuesdays/Thursdays and/or 3:00-3:30 on Mondays/Fridays.

Elementary School Library Help
- Valley View Elementary School in Menomonee Falls is looking for extra help in the library. Duties include shelving books and checking books in and out. Days and times based on availability of volunteer.

Snow Removal Volunteers Needed
The snow season is upon us! Volunteers will be matched with a senior or adult with a disability in their community to remove snow from their driveway and sidewalk. Details can be coordinated directly with the person you serve. Enjoy the crisp winter weather as you provide this needed service to an individual that is no longer able to shovel snow due to age or physical condition. Qualifications: dependable, responsible, and have a positive attitude. Must be 15 years or older (children younger may be accompanied by an adult). Also consider teaming up with a few people for this project and alternate throughout the season. For more information, please contact Marisa at (262) 522-2402 or MarisaS@ErasWaukesha.org.

Donations Needed for Waukesha Seniors
Help support the Holiday Giving Program by providing donations we can include in self-sufficiency care packages given to 350 low-income and isolated seniors and adults with disabilities in Waukesha County.

Please see below for our most needed gifts. The recipients of these gifts tell us year after year how much they appreciate the gift cards and stamps. Gifts cards are used to purchase prescriptions, groceries, and other basic needs items. Stamps are used to ensure they can send in utility bills or correspond with a pen pal.

<table>
<thead>
<tr>
<th>Wish List</th>
</tr>
</thead>
<tbody>
<tr>
<td>$10 Walgreens Gift Cards</td>
</tr>
<tr>
<td>$10 Pick ‘n Save Gift Cards</td>
</tr>
<tr>
<td>$10 Walmart Gift Cards</td>
</tr>
<tr>
<td>$5 McDonald’s Gift Cards</td>
</tr>
<tr>
<td>Books of Forever Stamps</td>
</tr>
</tbody>
</table>

(Please include the receipt with each gift card so the recipient knows the value)

Or let Eras shop for you by making a donation to the program.

Donations are due to the Eras office which is located at 2607 N Grandview Blvd, Suite 150, Waukesha, WI 53188 by Monday, December 16th, 2019.

For questions or more information, please contact Becca at (262) 522-2409 or Becca.Snow@ErasWaukesha.org.
Help Deliver Holiday Packages

Each year, our Holiday Giving Program aims to provide self-sufficiency items to our clients, both seniors and adults with disabilities, who are on a low-income and have very little connection with friends or family during the holidays. The Holiday Giving Program is intended to be an additional support for those individuals who use our program throughout the year.

How You Can Help: Volunteers are needed to hand-deliver Holiday Giving care packages to our clients on Saturday, December 21st. Packages will be available for pick-up at our office in Waukesha (2607 N. Grandview Blvd, Suite 150, Waukesha 53188) between 10am and 12:00pm and must be delivered that day. Because we will have more than 50 volunteer teams delivering packages, teams will pick up their packages during scheduled 15-minute time frames. This is a great opportunity for a family, youth group, or anyone looking to connect with community members who typically spend their holiday alone.

Click here to view routes and available volunteer slots!

For more information, please contact Marisa at (262) 522-2402 or MarisaS@ErasWaukesha.org.

ProHealth Care Community Education Classes

Each month, ProHealth Care offers a wide variety of Community Education classes and events. Classes help you make informed health care decisions and develop healthy habits. All classes and events are free unless otherwise indicated. Registration is required for all events. For a complete list of classes, click here or view the attached brochure.

Have you submitted your hours?

Help us each month by reporting your hours. It's one of the ways we stay funded! Submit your hours on our website OR email them to us!

**Pen Pals and School Tutors do not need to submit hours. They are tracked by letters written and sign in sheets. If you have questions about submitting hours please contact us.

Attachments

- Friendly Visiting Opportunities (December 2019).pdf 1K
- ProHealth Care Classes & Events - November & December 2019.pdf 1K